

Put The Needle on it!

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Debbie Ellis (ES) - November 2013
音樂: Put the Needle On It - Dannii Minogue : (Album: Neon Nights)



Intro – Start 32 counts after heavy beat on vocals.

Step, Touch, Step Back, Coaster Step, Cross Rock, Chasse ¼ Left.

1 – 3 Step Right to Right side, Diagonally touch Left over Right, Step back on Left, (facing 1:00).
4&5 Step back on Right, Close Left beside Right, Step forward on Right.
6 – 7 Cross Rock Left over Right, Recover on Right.
8&1 Step Left to Left side, Close Right beside, Left, Step Left forward making a ¼ turn Left. (9:00)

Prissy Walks x2, Lock Step Forward, Rock, Recover, Lock Step Back.

2 – 3 Walk forward Right, Left (cross over on the walks).
4&5 Step Right forward, Lock Left behind Right, Step Right forward.
6 – 7 Rock forward on Left, Recover on Right.
8&1 Step Left back, Lock Right over Left, Step Left back. (9:00)

½ Turn, ¼ Turn, Behind & Cross, Side Rock, Recover, Behind & Cross.

2 – 3 Make a ½ turn Right stepping Right forward, make a ¼ Turn Right stepping Left to Left side (6:00)
4&5 Step Right behind Left, Step Left to Left side, Cross Right over Left.
6 – 7 Rock Left to Left side, Recover on Right.
8&1 Step Left behind Right, Step Right to Right side, Cross Left over Right (6:00)

Modified Monterey Turn, Side Mambo, Kick, Step Back, Sit, Up.

2 – 3 Point Right toe to Right side, ½ Turn Right on ball off Left, (weight on Right)
4&5 Rock Left to Left side, Recover on Right, Step Left in place.
6 – 7 Kick Right forward, Step back on Right.
8 – 1 Sit down bending knees, Stand up.(weight on Left). (12:00)

Paddle ¾ Turn, Samba Steps.

2 – 4 Paddle ¾ turn Left, Touch Right toe to Right side, (3:00)
5&6 Cross Right over Left, Rock Left to Left side, Recover on Right.
7&8 Cross Left over Right, Rock Right to Right side, Recover on Left.

& Step Side, Hip Sways, Sailor Steps x2.

&1 – 4 Step Right beside Left, Step Left to Left side swaying hips (L,R,L,R).
5&6 Step Left behind Right, Step Right to side, Step Left beside Right.
7&8 Step Right behind Left, Step Left to side, Step Right beside Left. (3:00)

Touch Back, ½ Turn, Step ½ Turn, Cross, Point, Cross, Chasse Right.

1 - 2 Touch Left toe back, Unwind ½ turn Left onto Left foot.
3 - 4 Step Right forward, Pivot ½ turn Left, (weight on Left).
5 - 6 Cross Right over left, Point Left toe to Left side.
7 Cross Left over Right.
8&1 Step Right to Right side, Close Left beside Right, Step Right to Right side.

Back Rock, Recover, Chasse Left, Back Rock, Recover, Side, Close...

2 – 3 Rock Back on Left, Recover on Right.
4&5 Step Left to Left side, Close Right beside Left, Step Left to Left side.

6 – 7 Rock back on Right, Recover on Left.
8& Step Right to Right side, Close Left beside Right. (3:00)

(count 1 is your side step to begin dance again).

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