

# Lembe Lembe

拍數: 64      牆數: 4      級數: Phrased Easy Intermediate  
編舞者: Luci - November 2013  
音樂: "Lembe Lembe" by Grace



Intro : 32 counts - Sequence : A BBB BBB B Tag A BBB BBB AA

## A (32 count)

### SIDE, TOGETHER, SIDE, TOUCH, BUMP 2X

- 1 – 2      Step R to right side, step L next to R  
3 – 4      Step R to right side, touch L next to R  
5&6      Step L forward and push L hip forward weight onto L, push R hip back, push L hip forward weight onto L  
7&8      Push R hip back weight onto R, push L hip forward, push R hip back weight onto R

### BACKWARD ROCKING CHAIR, CLOSE, SMALL HIP SWAY

- 1 – 2      Rock back on L, recover on R  
3 – 4      Rock forward on L, recover on R  
5 – 6      Step L close next to R and sway, sway  
7 – 8      Sway, sway

### SIDE, TOGETHER, SIDE, TOUCH, BUMP 2X

- 1 – 2      Step L to left side, step R next to L  
3 – 4      Step L to left side, touch R next to L  
5&6      Step R forward and and push R hip forward weight onto R, push L hip back, push R hip forward weight onto R  
7&8      Push L hip back weight onto L, push R hip forward, push L hip back weight onto L

### BACKWARD ROCKING CHAIR, CLOSE, SMALL HIP SWAY

- 1 – 2      Rock back on R, recover on L  
3 – 4      Rock forward on R, recover on L  
5 – 6      Step R close next to L and sway, sway  
7 – 8      Sway, sway

## B (32 count)

### SIDE, TOGETHER, FORWARD, HITCH, BUMP 2X

- 1 – 2      Step R to right side, step L next to R  
3 – 4      Step R forward, hitch on L  
5&6      Step L forward and push L hip forward weight onto L, push R hip back, push L hip forward weight onto L  
7&8      push R hip back weight onto R, push L hip forward, push R hip back weight onto R

### SIDE, TOGETHER, BACKWARD, HITCH, BUMP 2X

- 1 – 2      Step L to left side, step R next to L  
3 – 4      Step back on L, hitch on R  
5&6      Step back on R and push R hip back (weight onto R), push L hip forward, push R hip back (weight onto R)  
7&8      push L hip forward (weight onto L), push R hip back, push L hip forward (weight onto L)

### CROSS, ROCK, RECOVER, TOUCH, CROSS, ¼ TURN, SIDE, TOUCH

- 1 – 2      Cross R over L, rock L to left side  
3 – 4      Recover on R, touch L next to R and push hip  
5 – 6      Cross L over R, ¼ turn left step back on R

7 – 8 Step L to left side, touch R next to L and push hip

**CROSS, RECOVER, SIDE, TOUCH, CROSS, RECOVER, SIDE, TOUCH**

1 – 2 Cross R behind L, recover on L

3 – 4 Step R to right side, touch on L and push hip

5 – 6 Cross L behind R, recover on R

7 – 8 Step L to left side, touch on R and push hip

**TAG : After Wall 7**

1 – 2 Cross R over L, step back on L

3 – 4 Step R to right side, touch on L and push hip

5 – 6 Cross L over R,  $\frac{1}{4}$  turn left step back on R

3 – 4 Step L to left side, touch on R and push hip

**Ending of dance – on the last wall**

1 – 2 Step R to right side, step L next to R

3 – 4 Step R to right side, touch L next to R

5 – 6 Turn  $\frac{1}{4}$  left step L forward, turn  $\frac{1}{4}$  left touch on R.

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