

The Way I Am

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner
編舞者: Amy Glass (USA) - October 2013
音樂: The Way I Am - Ingrid Michaelson : (iTunes)



32 count intro, at the start of the vocals

[1-8] Rumba Box

1-2 Step R to R side, Step L together,
3-4 Forward R, Hold
5-6 Step L to L side, Step R together
7-8 Step back L, Hold

[9-16] K Step with Claps

1-2 R back on diagonal, touch L next to R
3-4 L to center, touch R next to L
5-6 R to forward diagonal, touch L next to R
7-8 L to center, touch R next to L

[Styling: Add claps to the music]

[17-24] Back R, L Coaster, Hold, R Lock step

1-2 Back R, hold
3-6 Back L, together R, Forward L, Hold
7-8 Forward R, Lock left foot behind Right

[25-32] Walk R, Hold, Chase Turn, Hold, Walk R, Walk L

1-2 Walk forward R, Hold
3-6 Forward L, Pivot ½ R, Forward L, Hold
7-8 Walk R, Walk L

[Option: During counts 7-8, replace the two walks with a full turn over the L shoulder]

Restart: During wall 5. Dance first 8 counts, then restart the dance. This happens while facing the front wall.

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