

Make a Move

COPPER **NOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Amy Glass (USA) - October 2013
音樂: Make a Move - Gavin DeGraw : (iTunes)



16 count intro, at the start of the vocals

[1-9] Side R, Cross L over R, Sweep L, Behind & Forward, Walk x2, R Lock Forward

1-2 Step R to R side, Rock L over R
3 Recover on R, sweeping L from front to back
4&5 Step L behind R, Step R to R side, Step L forward
6-7 Walk forward R, L
8&1 Step R forward, Lock L behind R, Step R forward

[10-17] ¼ Pivot R, Cross Shuffle, ¾ Turn L, ¼ Turn Side Rock Cross

2-3 Step L forward, Pivot ¼ R, weighting R [3:00]
4&5 Cross L over R, Step R to R side, Cross L over R
6-7 Turn ¼ L stepping back R, Turn ½ L stepping slightly forward on L
8&1 Rock R forward, Recover on L while turning ¼ L, Cross R over L

[18-24] Hold, Ball Cross, Back, Side, Cross, Walk back R, L

2 Hold
&3 Quick step L to L side, Cross R over L
4,5,6 Step back L, Step R to R side, Cross L over R
7-8 Walk back R, L

[Styling: On walks back, walls 3, 4, 7, 8, 10, & 11, lyrics are "Make a Move". Lift both arms, bent at elbows, palms up, forearms parallel to floor and gesture with hands as though asking someone to come your direction.]

[25-32] Rock Back R, Triple ½ L, Rock Back L, Triple Forward

1-2 Rock R back, Recover on L
3&4 Turn ¼ L stepping R to R side, Step L together, Turn ¼ L, stepping R back [9:00]
5-6 Rock L back, recover on R
7&8 Triple Forward L, R, L

Tag: Happens following walls 2, 4 & 6 (6:00, 12:00, 6:00).

1-2 Rock forward R, Recover on L
3-4 Rock back R, Recover on L

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