

Better Than Beautiful

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Elizabeth Henderson (UK) - November 2013
音樂: Better Than Beautiful - Joe Nichols : (CD: Crickets)



Rumba box forward,

1 - 4 Right to side, left tog. Right forward hold
5 - 8 Left to side, right tog. Left back hold

Side tog. ¼ turn right, side tog. ¼ turn left

1 - 4 Right to right, left beside right, step right ¼ right hold
5 - 8 Left to left, right beside left, step left ¼ turn left hold (12 o'clock)

Mambo forward, full turn left

1 - 4 Rock forward on right, recover left, step back on right hold
5 - 8 full turn left, stepping left, right, left hold

Half turn left, left lock step

1 - 4 Step back on right, step left forward 1/2 turn left, step right forward hold
5 - 8 Left lock left forward hold

Side rock cross x 2

1 - 4 rock right to right, recover left, cross right over left hold
5 - 8 rock left to left, recover right, cross left over right hold

Back cross back kick x 2

1 - 4 step back on right, cross left over right, step back right, kick left
5 - 8 step back on left, cross right over left, step back on left, kick right

Sailor ¼ turn right, cross side behind sweep

1 - 4 Sweep right behind left ¼ turn right, step left to left, step right to right
5 - 8 Sweep left over right, right to right, step left behind right

Behind side cross, rock recover ½ turn left.

1 - 4 Sweep right behind left, left to side, step right over left
5 - 8 Rock forward on left, recover on right step left half turn left hold

Tag end of wall 4 front wall

1 - 8 Right mambo forward, hold left coaster step hold
9 -16 right side rock cross hold, left side rock cross hold

Contact: hendersonembl@gmail.com