

Fast Letter !

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Nathalie Martin (FR) - November 2013
音樂: The Letter - Frank Solivan & Dirty Kitchen : (CD: On The Edge)



Intro: 48 counts.

5 RESTARTS (on the walls 9, 10, 11, 12 and 13, after 28 counts.
You will be facing 12:00 for all Restarts) – Polka dance.

HEEL SWITCHES x3, HOOK, HEEL & HEEL SWITCHES x3, HOOK, HEEL &

- 1 & 2 & Right heel touch forward, right foot step next to left, left heel touch forward, left foot step next to right,
3 & 4 & Right heel touch forward, right foot hook over left leg, right heel touch forward, right foot step next to left,
5 & 6 & Left heel touch forward, left foot step next to right, right heel touch forward, right foot step next to left,
7 & 8 & Right heel touch forward, left foot hook over right leg, left heel touch forward, left foot step next to right, (12:00)

HEEL, HOOK, HEEL & HEEL, HOOK, HEEL & HEEL SWITCHES x3, HOOK, HEEL, FLICK

- 9 & 10 & Right heel touch forward, right foot hook over left leg, right heel touch forward, right foot step next to left,
11 & 12 & Left heel touch forward, left foot hook over right leg, left heel touch forward, left foot step next to right,
13 & 14 & Right heel touch forward, right foot step next to left, left heel touch forward, left foot step next to right,
15 & 16 & Right heel touch forward, right foot hook over left leg, right heel touch forward, right foot flick back, (12:00)

TRIPLE STEP FWD, STEP ½ TURN, TRIPLE STEP FWD, STEP ½ TURN

- 17 & 18 Triple step forward (R-L-R),
19 - 20 Left foot step forward, turn ½ right and right foot step forward, (6:00)
21 & 22 Triple step forward (L-R-L),
23 - 24 Right foot step forward, turn ½ left and left foot step forward, (12:00)

RIGHT CHASSE, ROCK STEP BACK-TOUCH, STEP ¼ TURN R, TOGETHER, STOMP R, STOMP L

- 25 & 26 Right side chasse (R-L-R),
27 & 28 Left foot rock back (27), recover on right (&), left foot touch next to right foot (28),
(* Restarts HERE, after to have replace the count 28 (= "left foot touch next to right foot") by a STOMP of left foot next to right foot (taking weight on left foot).
29 - 30 Left foot step forward, turn ¼ right and right foot step to side, (3:00)
31 & 32 Left foot step next to right foot (31), right foot stomp on place (&), left foot stomp on place [32]

RESTARTS: There are 5 Restarts (all facing 12:00) on the walls 9, 10, 11, 12 and 13, after 28 counts: Make the "27 &" first counts of the dance, and replace the count 28 (= "left foot touch next to right foot") by a STOMP of left foot next to right foot (taking weight on left foot), and then Restart the dance from the beginning.

ENDING: The ending is "natural": the music finish exactly on the count 9 of the choreography (= "right heel touch forward"), facing 12:00 !

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