

Betty Is Bad

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Ozgur "Oscar" TAKAÇ (TUR) - November 2013
音樂: Betty's Bein' Bad - Sawyer Brown



Intro: 32 counts

TOE SWITCHES, COASTER STEP, HOLD

1-2-3-4 Touch R to forward, step R beside L, touch L toe forward, step L beside R
5-6-7-8 Step R back, step L beside R, step R forward, hold

½ TURN AND STEP BACK, ½ TURN WITH HITCH AND HEEL PUMPS, HOLD

1 ½ turn R and step L back (L knee bent some) and hitch R knee
2-3-4 ½ turn R with three little hops on L ball (keep R knee on hitch position until count four)
5-6-7-8 Step R forward, step L beside R, step R forward, hold

ROCK FORWARD, ¼ TURN LEFT & SIDE STEP, HOLD, RIGHT SWIVEL IN, HOLD

1-2-3-4 Step L fwd, step R in place, ¼ turn L and step L to L, hold
5-6-7-8 Swivel R heel in, R toe in, R heel in, hold

¼ JAZZ TRIANGLE TURN LEFT, SCUFF, CROSS SHUFFLE, HOLD

1-2-3-4 Step L across R, step R back, ¼ turn L and step L to L, scuff R beside L
5-6-7-8 Step R across L, step L to L, step R across L, hold

TOUCH OUT-IN-OUT, HOLD, ¼ SAILOR TURN, HOLD

1-2-3-4 Touch L to L, touch L beside R, touch L to L, hold
5-6-7-8 Step L behind R, ¼ turn L and step R in place, step L fwd

RIGHT VINE, TOUCH, SIDE STEP, HOLD, ROCK BACK

1-2-3-4 Step R to R, step L behind R, step R to R, touch L beside R
5-6-7-8 Large step L to L, hold, step R back, step L in place

REPEAT

Contact: www.linedanceturkiye.com

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