

So Classic (Old School Chic)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate - Fun & Funky
編舞者: Johanna Barnes (USA) - November 2013
音樂: Classic - MKTO



Details: 16 ct intro, restarts after 16 counts on phrase 2, 5, 7

[1~8]: PUSH, TOGETHER, KICK-BALL-TOUCH BEHIND, SIDE, BEHIND, UNWIND, BALL-STEP

- 1 pushing off of L, step R to right side (L swivel)
- 2 L step next to R
- 3 R kick forward
- & R step slightly right
- 4 L reach toward 3:00 and touch behind R (both knees bent create a longer reach)
- 5 L step to left side*
- 6 R lock step behind L*
- 7 full turn right, weight stays on L*
- & R step slightly forward
- 8 L step forward

* Easy alternative for turn: side, behind (6), side

[9~16]: FORWARD, KNEE-POP, BEHIND ¼ CROSS, HEEL-TOES-HEELS-HITCH, STEP, LOCK

- 1 place R forward, without full weight
- & pushing into balls of both feet, lift both heels, while knees bend and push forward
- 2 bring heels down, taking full weight on L
- 3 R step back
- & L step ¼ left (9:00)
- 4 R step across L
- & step L next to R, weight into L heel, L toes slightly in (right)
- 5 lift R toes to join L toes, swivel both left
- & lift both heels, swivel heels left
- 6 hitch R knee up, with a small 'sit' into L
- 7 step R slightly forward, facing 9:00, with movement toward 11:00 (angled)
- 8 L lock step behind R (weight L)

* From count 3, movement is best felt while engaging in a slight twisting action with upper body as well as hips.

[17~24]: BACK, SIT, BACK, SIT, COASTER STEP, STEP, ½

- 1 touch ball of R back (slightly out right)
- a 'lift' up to create the top of a downward roll
- 2 take weight onto R
- 3 touch ball of L back (slightly out left)
- a 'lift' up to create the top of a downward roll
- 4 take weight on to L
- 5 R step back
- & L step next to R
- 6 R step forward
- 7 L step forward
- 8 ½ turn right onto R (3:00)

* Many alternatives for 1-4, just make sure to finish weight on L for count 4

[25~32]: KICK, OUT, OUT, TOGETHER, DOUBLE CROSS, ROCK, RECOVER, BEHIND, ¼, PUSH, ¼ CROSS

1 L kick forward
& step out left onto L
2 R step slightly out right
& L step next to R
3 R step across L
& step L slightly L
4 R step across L
5 push step forward onto L (angled to 2:00)
& recover weight back onto R
6 L cross step behind R
& ¼ step right onto R
7 L push forward (6:00)
& ¼ pivot right onto R (9:00)
8 L step across R

(BEGIN AGAIN, and most certainly DWYF!)

RESTARTS: Occur after the first 16 counts of phrases 2, 5 and 7 (count 16 puts weight onto L)

HINT: Each count 1 of the pattern will be ¼ left (or counter-clockwise) from the previous count 1

This step description is intended to be a guideline. Dance demos and visual references may be found on the DanceWhatYouFeel YouTube channel. <http://www.youtube.com/user/DanceWhatYouFeel>

Contact: Johanna@dancewhatyoufeel.com ~ www.dancewhatyoufeel.com ~ 203.464.5322
