

Mountain Girl

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Early Intermediate
編舞者: Kathryn Sloan (AUS) & Kelvin Dale (AUS) - September 2013
音樂: Mountain Boy - Dianna Corcoran : (Album: Love and Therapy)



32 counts in with weight on left. - Moves in an anti-clockwise direction. 129 BPM

[1 – 8] Heel, hook, heel, coaster step, heel, hook, heel coaster step (12:00)

1&2,3&4 Present R heel to front at 45°, hitch R heel in front of L, present R heel to front at 45°, step R back, step L beside R, step R forward
5&6,7&8 Present L heel to front at 45°, hitch L heel in front of R, present L heel to front at 45°, step L back, step R beside L, step L forward

[9 – 16] Step, lock, step, step, lock, step, ¼ paddles x 4 (12:00)

1&2,3&4 Step R forward at 45° right, lock/step L behind R, step R forward, Step L forward at 45° left, lock/step R behind L, step L forward,
5&6&7&8& Step R forward, turning 90° left transfer weight to L, Step R forward, turning 90° left transfer weight to L, Step R forward, turning 90° left transfer weight to L, Step R forward, turning 90° left transfer weight to L

(Optional styling - 5,6,7,8 - can be done with lasso motion with arms over head)

[17 – 24] Vine Right, touch, 1 ¼ turn left (¼ ½ ½), scuff (9:00)

1,2,3,4 Step R to right side, step L behind R, step R to right side, touch L beside R
5,6,7,8 Step L forward turning 90° left, step R back turning 180° left, step L forward turning 180° left, scuff R beside L

(easy option – 5,6,7,8 Vine L with ¼ - step L to left side, step R behind L, step L forward 90°, scuff R beside L)

[25 – 32] Rock fwd, replace, coaster step, rock fwd, replace, coaster step (9:00)

1,2,3&4 Rock forward on R, replace weight to L, step back on R, step L beside R, step R forward
5,6,7&8 Rock forward on L, replace weight to R, step back on L, step R beside L, step L forward

REPEAT

To end dance: (you will be facing 9 o'clock) add a turning coaster step

1&2,3&4 Present R heel to front at 45°, hitch R heel in front of L, present R heel to front at 45°, turning 90° right step R back, step L beside R, step R forward
5&6,7&8 Present L heel to front at 45°, hitch L heel in front of R, present L heel to front at 45°, step L back, step R beside L, step L forward

Have some fun with this one !!!

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