

Nowhere

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Claire Bell (UK) - October 2013
音樂: Going Nowhere - Little Mix



32 counts in from heavy beat, start on vocals

(1-8) Right Dorothy steps, left Dorothy steps, pivot ½ turn, walk, walk

1-2& Step R forward, lock left behind right, step R forward (small steps)
3-4& Step L forward, lock right behind left, step L forward (small steps)
5-6 Step R forward, pivot ½ turn left
7-8 Step forward right, step forward left

(9-16) R side cha cha, L side cha cha, R side cha cha, sway, sway

1-2& Step R long step to right side, step left next to right, step right in place
3-4& Step L long step to left side, step right next to left, step left in place
5-6& Step R long step to right side, step left next to right, step right in place
7-8 Step left to side swaying hips left, step right to right side swaying hips right

(17-24) L side, sailor, sailor, behind, side, cross, unwind

1-2&3 Step L long step to left side, step R behind left, step L next to right, step R in place
4&5 Step L behind right, step R next to left, step L in place,
6&7 Step R behind left, step L to side, cross R over left
8 Unwind ½ turn left

(25-32) R & L Syncopated cross rock/recover/side, cross, side, behind, side, cross

1-2& Cross rock R over left, recover weight on left, step R to right side
3-4& Cross rock L over right, recover weight on right, step L to left side
5-6& Cross R over left, step L to left side, step right behind left
7-8 Step L to left side, cross R over left

(33-40) L side shuffle, back rock, recover, shuffle ¼ right, shuffle ½ right

1&2 Step L to left side, step R next to right, step L to left side
3-4 Rock back on R, recover weight on left
5&6 Step R to right side, step left next to right, turn ¼ right stepping R forward

****Tag and Restart during wall 5 : No turn on count 38, add tag and restart dance from the beginning (facing 12.o'clock)**

7&8 Turn ¼ right stepping L to left side, step R next to left, turn ¼ right stepping back on left

(41-48) Rock back, recover, shuffle ½ left, shuffle ¼ left, cross rock, recover

1-2 Rock back on right, recover weight on left
3&4 Turn ¼ left stepping R to right side, step L next to right, turn ¼ left stepping back on right
5&6 Turn ¼ left stepping L to left side, step R next to left, step L to left side
7-8 Cross rock right over left, recover weight on left

(49-56) Side, sailor ¼ turn right, sailor, rock, recover, back, ½ turn right

1-2&3 Step R to right side, Step L behind right turning ¼ right, step R to right side, step L to left side
4&5 Step R behind left, step L to left side, step R in place
6& Rock forward on L, recover weight on right
7-8 Step back on L, turn ½ right stepping forward on R

(57-64) Forward, mambo step, mambo step, step ½ step, jump back hook

1-2&3 Step L forward, rock forward on R, recover weight on L, step R next to left

4&5 Rock back on L, recover weight on R, step L next to R
6&7 Step forward on R, pivot ½ turn left, step forward on R
8 Jump slightly back on L, hooking right foot across left shin (click fingers above head)

Tag: add the following Tag & Restart –

5th wall after count 38 (no ¼ turn) facing 12.o'clock

1-2 Step back on left, touch right next to left

Ending: 7th.wall dance up to count 30 , step R behind and step forward on L turning 1/4 left

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