# **Urban Fog**



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Gaye Teather (UK) - October 2013

音樂: Almost Saturday Night (feat. Keith Urban) - John Fogerty: (CD: Wrote A Song

For Everyone)



#### 64 count intro. Start on vocals - Dance rotates in CW direction

## Forward rock. Triple full turn Right. Diagonal step. Slide. Step. Touch

1 – 2 Rock forward on Right. Recover onto Left

3&4 Triple full turn Right (on the spot) stepping Right. Left. Right

(Option: Right Coaster step)

5 – 8 Step Left diagonally forward Left. Slide Right beside Left. Step Left diagonally forward Left.

Touch Right beside Left (keep steps small)

Optional: On the parts where Keith says 'push the clouds away' Push arms to Left as you step to Left

#### Quarter turn Right. Half turn Right. Shuffle half turn Right. Forward rock. Shuffle back

1 - 2Quarter turn Right stepping forward on Right. Half turn Right stepping back on Left 3&4 Half turn Right stepping forward on Right. Step Left beside Right. Step forward on Right

(Facing 3 o'clock)

#### Option for counts 1 – 4. Side Right. Cross Left behind. Shuffle quarter turn Right

5 - 6Rock forward on Left. Recover onto Right

7&8 Step back on Left. Step Right beside Left. Step back on Left

#### Back. Back. Coaster cross. Side rock. Behind-side-cross

1 - 2Walk back Right. Left

3&4 Step back on Right. Step Left beside Right. Cross Right over Left

5 - 6Rock Left to Left side. Recover onto Right

7&8 Cross Left behind Right. Step Right to Right side. Cross Left over Right

### Diagonal Rocking chair. Step. Pivot half turn Left. Full turn Left (travelling forward)

1 - 2Rock Right diagonally forward Right. Recover onto Left

3 - 4Still facing Right diagonal rock back on Right. Recover onto Left

5 - 6Step forward on Right. Pivot half turn Left (Facing opposite corner – 11 o'clock)

7 - 8Half turn Left stepping back on Right. Half turn Left stepping forward on Left (Facing 11

o'clock)

#### Forward rock. Chasse Right. Cross rock. Chasse Left

| 1 – 2 | Still facing Left diagonal rock forward on Right. Recover onto Left        |
|-------|--|
| 3&4   | Step Right to Right side. Step Left beside Right. Step Right to Right side |
| 5 – 6 | Cross rock Left over Right. Recover onto Right                             |

7&8 Step Left to Left side. Step Right beside Left. Step Left to Left side

### Cross. Side. Right Sailor step. Left Sailor step. Touch back. Half turn Right

| 1 – 2 | Cross Right over Left. Step Left to Left side                             |
|-------|---|
| 3&4   | Cross Right behind Left. Step Left to Left side. Step Right to Right side |
| 5&6   | Cross Left behind Right. Step Right to Right side. Step Left to Left side |

7 - 8Touch Right toe back. Half turn Right transferring weight onto Right (Facing 6 o'clock)

#### Syncopated heel rocks forward x 2. Rock forward. Behind-side-cross

1 - 2& Rock forward on Left heel. Recover onto Right. Step Left beside Right 3 - 4Rock forward on Right heel. Recover onto Left. Step Right beside Left

(Move arms in a locomotion movement with the words 'locomotion')

- 5 6 Rock forward on Left. Recover onto Right
- 7&8 Cross Left behind Right. Step Right to Right side. Cross Left over Right

## Side rock. Back rock. Side. Quarter turn Left. Walk. Walk

- 1 4 Rock Right to Right side. Recover onto Left. Rock back on Right. Recover onto Left
- 5 8 Step Right to Right side. Quarter turn Left. Walk forward Right. Left (or full turn Left) (Facing

## 3 o'clock)

## Start again

Music ends on wall 6. Dance up to and including count 4 of section 4 (Diagonal rocking chair) then step side Right, quarter turn Left. Step forward for big ending!