

# Hanging On

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Fred Buckley (CAN) - October 2013  
音樂: Leaning on a Lonesome Song - Gord Bamford : (CD: Is It Friday Yet - iTunes)



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## Section 1: DIAGONAL STEP, CROSS ROCK, 1/4 TURN, STEP FORWARD, PIVOT 1/4, CROSS STEP, 1/4 TURN x2, CROSS STEP, STEP SIDE x2, SWAY

1            Step right to right diagonal  
2&3        Cross rock left over right, recover onto right, turn 1/4 left and step forward on left  
4&5        Step forward on right, pivot 1/4 turn left, cross right over left  
6&7        Turn 1/4 right and step left back, turn 1/4 right and step right to right side, cross left over right  
&8-1       Step right to right side, step left to left side, sway right

## Section 2: LOCK STEP, FORWARD ROCK, 1/4 TURN, CROSS ROCK, 1/4 TURN, FULL TURN

2&3        Step left forward, lock right behind left, step left forward  
4&5        Rock forward on right, recover onto left, turn 1/4 right and step right to right side  
6&7        Cross rock left over right, recover onto right, turn 1/4 left and step left forward  
8&1        Full turn left traveling forward stepping right, left, right (Alt: Lock step forward)

## Section 3: 1/4 TURN, SAILOR 1/4 TURN, STEP FORWARD, 1/4 TURN, CROSS STEP, 1/4 TURN, 1/4 TURN, CROSS STEP, STEP BACK x2

2            Turn 1/4 right stepping left long step to left side  
3&4        Turn 1/4 right crossing right behind left, step left to left side, step right in place  
5&6        Step left forward, turn 1/4 turn left, cross left over right  
7&8        Turn 1/4 left and step right back, Turn 1/4 left and step left to left side, cross right over left  
&1        Step left back, step right back

## Section 4: COASTER STEP, FORWARD ROCK, 1/2 TURN, STEP FORWARD, STEP FORWARD, PIVOT 1/2, STEP FORWARD, BALL STEP

2&3        Step left back, step right beside left, step left forward  
4&5        Rock forward on right, recover onto left, turn 1/2 right and step right forward  
6&7        Step left forward, pivot turn 1/2 right, step left forward  
&8        Step right beside left, step left forward

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