

Stripes

拍數: 64 牆數: 4 級數: Improver
編舞者: Ria Vos (NL) - October 2013
音樂: Stripes - Brandy Clark : (Single)



Intro: 32 Counts (±17 sec)

R Cross, L Side, R Kick, R Together, L Cross, R Side, L Kick, L Together

1-2 Cross R Over L, Step L to L Side
3-4 Kick R to R Diagonal, Step R Next to L
5-6 Cross L Over R, Step R to R Side
7-8 Kick L to L Diagonal, Step L Next to R

R Heel Grind, L Side, R Behind, L Side, R Cross Rock, ¼ R Step Fwd, L Touch

1-2 Grind R Heel Crossed Over L, Step L to L Side
3-4 Step R Behind L, Step L to L Side
5-6 Cross Rock R Over L, Recover on L
7-8 ¼ Turn R Step Fwd on R, Touch L Next to R

L Side, Hold, R Rock Back, Weave R

1-2 Step L to L Side, Hold
3-4 Rock Back on R, Recover on L
5-6 Step R to R Side, Step L Behind R***Restart Adding Side Rock, See Below
7-8 Step R to R Side, Cross L Over R

R Side, Hold, L Rock Back, ¼ L Step Fwd, R Scuff, R Step Pivot ½ Turn L

1-2 Step R to R Side, Hold
3-4 Rock Back on L, Recover on R
5-6 ¼ Turn L Step Fwd on L, Scuff R Next to L
7-8 Step Fwd on R, Pivot ½ Turn L

R Step Lock Step, L Step Lock Step, R Rock Fwd

1-2-3 Step Fwd on R, Lock L Behind R, Step Fwd on R
4-5-6 Step Fwd on L, Lock R Behind L, Step Fwd on L
7-8 Rock Fwd on R, Recover on L

R Step Back, L Touch, L Step Back, R Together, Swivets

1-2 R Step Back to R Diagonal, Touch L Next to R
3-4 L Step Back to L Diagonal, Step R Next to L
5-6 Swivet on R Heel and L Toe to R Side, Recover (option: Swivel both Heels R)
7-8 Swivet on L Heel and R Toe to L Side, Recover (option: Swivel both Heels L)

Rumba Box Fwd, L Touch, Rumba Box Back, R Kick Fwd

1-2 Step R to R Side, Step L Next to R
3-4 Step Fwd on R, Touch L Next to R
5-6 Step L to L Side, Step R Next to L
7-8 Step Back on L, Kick R Fwd

R Step Back, L Drag, L Rock Back, L Toe Strut Fwd, R Step Pivot 1/4 Turn L

1-2 Step Back on R, Drag L towards R
3-4 Rock Back on L, Recover on R
5-6 L Step on Toe Fwd, Lower L Heel

7-8 Step Fwd on R, Pivot ¼ Turn L

Restart: On wall 3 after count 22 add:

7-8 Rock R to R Side, Recover on L, then Restart dance from count 1 (9:00)

Ending: You will end after the Swivets, on last count ¼ Turn L Stepping back on R (12:00)

(Dedicated to Arizona Kid Country Dance workshop Montpelier 12-10-2013)

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