

Pump My Stereo

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Alison Carrington (UK) - October 2013
音樂: My Man Music - Stooche : (CD: London With The Lights On)



Pattern:-

Tag, 64 Count Dance, Tag, 64 Count Dance, Tag, 64 Count Dance
Dance Finishes On Count 48 (Left Sailor ¼ Left At The Front Wall)

There Is A 32 Count Intro, Then The Dance Starts With The Tag

Tag - 32 counts

1&2&3&4&5&6& Right Rocking Chair Forward & Back & X 3

7&8 Step Right To Right, Close Left To Right, Step Right To Right

1&2&3&4&5&6& Left Rocking Chair Forward & Back & X 3

7&8 Step Left To Left, Close Right To Left, Step Left To Left

[17 – 32] Repeat Counts [1 – 16]

Dance - 64 counts

Counts 1 – 16 Steps

1&2&3&4& Make A Paddle Turn With Right A ¼ Turn To Left X 4

5&6&7&8 Right Rocking Chair Forward & Back & 2

1&2, 3&4 Left Coaster Step, Right Kick, Ball, Cross Left Over Right

5&6& Side Rock Right To Right, Rock Onto Left, Cross Right Over Left, Step Left To Left,

7&8 Cross Right Over Left, Step Left To Left, Cross Right Over Left

Counts 17 – 24 Steps

1&2& Step Left To Left, Tap Right Beside Left, Step Right To Right, Tap Left To Right

3&4& Step Left To Left, Close Right To Left, Step Left To Left, Tap Right Beside Left

5&6& Step Right To Right, Tap Left Beside Right, Step Left To Left, Tap Right Beside Left

7&8 Step Right To Right, Close Left To Right, Step Right To Right

Counts 25 – 32 Steps

1&2 Step Forward On Left & ½ Turn Right, Step On Left & Hold

3&4 Step Forward On Right & ½ Turn To Left, Step On Right & Hold

5&6 Step On Left & Turn ¼ Turn Right Stepping On Right, Cross Left Over Right

7&8 Side Mambo On Right & Bring Right Beside Left

Counts 33 – 40 Steps

1&2 Walk Forward Right, Left, Right, Hold,

3&4 Walk Forward Left, Right, Left, Hold

5&6 Walk Back Right, Left, Right, Hold

7&8 Walk Back Left, Right, Left, Hold

Counts 41 – 48 Steps

1&2 Rock Right Behind Left, Step On Left, Step Right To Right

3&4 Make A Left Sailor Step With ¼ Turn Left

5&6 Make A Right Sailor Step In Place

7&8 Make A Left Sailor Step With ¼ Turn Left

Counts 49 – 56 Steps

1&2& Step Left, Bring Right To Left, Step Left, Bring Right To Left,
3&4& Step Left, Bring Right To Left, Step Left, Bring Right To Left,
5&6& Step On Right, Heel Dig Left, Step On Left, Heel Dig Right While Shimmying Shoulders
7&8 Step On Right, Heel Dig Left, Step On Left, While Shimmying Shoulders

Counts 57 – 64 Steps

1&2, 3&4 Side Mambo Right & Together, Side Mambo Left & Together
5&6 Step Forward On Right & ½ Turn Left, Step On Right
7&8 Forward Mambo On Left & Together.

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