Beautiful



拍數: 32 牆數: 4 級數: Improver

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音樂: What Makes You Beautiful - One Direction



Cross-Kick, Steps, Points...(Arms forward cross at wrists, elbows pull up to sides, hands point down to sides at 45 degree angles)

1&2 3&4 Kick R across L, (Wrists Cross) Step R across L, (Elbows Up) Point L to side. (Hands out)

Kick L across R, Step L across R, Point R to side.

5&6 7&8 Repeat above steps.

Jerks x 4, Windshield Wiper, Grab, & Turn 1/4 R

1-4 With weight on L hold R arm forward with elbow bent so that fist is in front of L shoulder &

Jerk R fist across body 4 times.

5-8 L arm comes up under R as R hand rises up & down in a windshield wiper move(5-6) Rock R

to side grabbing R hand to right,(7) Step L 1/4 to right(8) 3:00 wall

Cha-Cha-Cha, Side-Rocks, R,L

1&2 3-4 Step R, Step L together, Step R. Rock L to side, (while turning to point at person beside or

behind) Recover R.

5&6 7-8 Step L, Step R together, Step L. Rock R to side, (while turning to point at person beside or

behind) Recover L.

Strut-Steps RLRL

1-4 Step R heel forward, Step down R toe, Step L heel forward, Step down L toe

5-8 Repeat above 1-4 steps

BEGIN! ENJOY!

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