

# Be Good

拍數: 32      牆數: 2      級數: Easy Intermediate  
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音樂: You Get What's Coming To You - McAlister Kemp



## 16 count intro

### FORWARD, FORWARD, FORWARD MAMBO; BACK ROCK, ½ SHUFFLE

1,2            Step forward R, step forward L  
3&4           Step forward R, replace weight onto L, step back R  
5,6           Step back L, rock forward onto R  
7&8           Turning ¼ right step L to the side, step R beside L, turning ¼ right step L back (6.00)

### BACK ROCK, FORWARD, HOLD; & FORWARD, HOLD & SHUFFLE FORWARD

1,2            Step back R, rock forward onto L  
3,4            Step forward R, hold  
&5,6          Step L beside R, step forward R, hold  
&7&8          Step L beside R, step forward R, step L beside R, step R forward

### FORWARD, FORWARD, KICK-BALL-TOUCH; RIGHT SAILOR, LEFT SAILOR

1,2            Step forward L, step forward R  
3&4            Kick L forward, step ball of L beside R, touch R to right side  
5&6           Step R behind L, step L to the side, step R to the side  
7&8           Step L behind R, step R to the side, step L to the side\*

### SIDE STOMP, HOLD, BEHIND-SIDE-HEEL; & HEEL & HEEL & BACK ROCK

1,2            Stomp R to the side, hold  
3&4            Step L behind R, step R to the side, touch L heel forward  
&5&6          Step L beside R, touch R heel forward, step R beside L, touch L heel forward  
&7,8          Step L beside R, step back R, replace weight onto L

**TAG: At the end of walls 2 and 4, facing the front:**

### TWO ½ PIVOTS

1,2            Step forward R, turning ½ left take weight onto L  
3,4            Step forward R, turning ½ left take weight onto L

**RESTART: On wall 6 dance to count 24\* and restart facing the front**

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