

40 Years

拍數: 64 牆數: 2 級數: Lower Advanced - WCS
編舞者: Daniel Whittaker (UK) - October 2013
音樂: 40 Years - Tone Damli : (Album: Cocool - iTunes)



Start: 16 count intro (start on vocals)

Note: there is an easy Tag & Bridge

TAG: There is 1 small 4 count tag at end of wall 2 facing the front wall

BRIDGE: there is an 8 count tag (bridge) after 32 counts during wall 5. This truly is a beautiful song, I just love it and I'm sure you will too!

[1-8] Walk Right, Left ball cross ¼ hold, walk Right Left, anchor step

- 1-2 Walk forward right, left 12:00
- 3-4 Make ¼ turn left stepping right to right side, cross left over right, HOLD 9:00
- 5-6 Walk forward right, left 9:00
- 7&8 Lock right behind left, put weight forward on to left foot, recover weight on to right foot 9:00

[9-16] Touch back ½ turn, step forward ¼ turn, cross point, sailor step

- 1-2 Touch left toe back, make ½ turn over left shoulder, putting weight on to left 3:00
- 3-4 Step right foot forward, make ¼ turn left 12:00
- 5-6 Step right over left, point left toe to left side 12:00
- 7&8 Step left behind right, step right slightly to right side, recover weight on to left foot 12:00

[17-24] Right Behind point, Left behind point, step behind ¼ turn, step ½ turn

- 1-2 Step right behind left foot, touch left toe to left side 12:00
- 3-4 Step left behind right foot, touch right toe to right side 12:00
- 5-6 Step right behind left, make ¼ turn left stepping left foot forward 9:00
- 7-8 Step right foot forward, make ½ turn left 3:00

[25-32] Side rock, behind and cross, side rock behind and cross

- 1-2 Rock right to right side, recover weight on to left 3:00
- 3&4 Step right behind left, step left to left side, cross right over left foot 3:00
- 5-6 Rock left to left side, recover weight on to right foot 3:00
- 7&8 Step left behind right, step right to right side, step left over right 3:00

8 COUNT BRIDGE HERE DURING WALL 5 FACING 3:00 WALL

Please note: Repeat the Tag listed below twice and carry on the dance from count 33

[33-40] Tick tock, tap right toe forward, side, back ball step (this imitates a clock with your right toe acting like a hand on a clock), forward ½ triple ½ turn

- 1-2-3 Touch right toe forward, right side, touch right toe back 3:00
- 3&4 Step right beside left, step forward left foot 3:00
- 5-6 Step right foot forward, make ½ turn right stepping left foot back 9:00
- 7&8 Shuffle ½ turn right stepping R-L-R 3:00

[41-48] Step forward left, rock right foot forward, recover, step back right, bump ¼ turn, bump ½ turn

- 1-2-3-4 Step left foot forward, rock right foot forward, recover weight on to left, step back right foot 3:00
- 5&6 Make ¼ turn left stepping left to left side push hip left, push hip right, push hip left (start turning left, prepare for ½ turn) 12:00
- 7&8 ½ turn hinge step over left shoulder stepping right to right side and push hip right, push hip left, push hip right 6:00

[49-56] Figure of eight weave

- 1-2 Step left behind right, step right to right making ¼ turn right stepping right foot forward 9:00
- 3-4 Step left foot forward, make ½ turn right 3:00
- 5-6 Make a further ¼ turn right stepping left to left side, step right behind left 6:00
- 7&8 Chasse left (step left to left side, close right to left, step left to left side) 6:00

[57-64] Step side hold, ball step touch x 2

- 1-2 Step right to right side, hold 6:00
- &3-4 Step left beside right, step right to right side, touch left beside right 6:00
- 5-6 Step left to left, hold 6:00
- &78 Step right beside left, step left to left side, touch right beside left 6:00

END OF DANCE

TAG Rocking Chair ** this Tag is done at the end of wall 2 facing front wall, once you do Tag, Restart from beginning **

- 1-4 Rock right foot forward, recover weight on to left, rock right foot back, recover weight on to left 12:00

NOTE: when you do the bridge during wall 5, you repeat the rocking chair twice, which means it becomes an 8 count Tag then you carry on the dance, DON'T Restart from beginning.

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