

# Sleepwalking

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Ann Robb (UK) & Alex Robb (UK) - October 2013  
音樂: Sleepwalking - Lissie : (Album: Back to Forever - iTunes - 4:15)



**Intro: 64 counts (Start on vocals)**

**Note: Dance starts as a 2 wall (front & back) After 1st restart changes to side walls.  
After 2nd restart dance reverts back to front & back. Restarts: Walls 4 & 7 after 32 counts**

## **Step Lock, Step-Lock-Step, Step, Touch, Back-Cross-Back**

1,2            Step fwd on Right , Lock Left behind Right (Right diagonal)  
3&4           Step fwd on Right, Lock Left behind Right, Step fwd on Right (Right diagonal)  
5,6           On Left diagonal Step fwd on Left, Touch Right toe behind Left  
7&8           Step back on Right, Cross Left over Right, Step back on Right ( Left diagonal)

## **1/4 Side Rock, Recover, Behind, Side, Cross Shuffle, Side, Touch**

1,2            Turn 1/4 Left rocking to Left side, Recover on Right  
3,4            Step Left behind Right, Step Right to Right side  
5&6           Cross step Left over Right, Step Right to Right side, Cross Left over Right  
7,8            Step Right to Right side, Touch Left next to Right

## **1/4 Turn, 1/2 Turn, Shuffle 1/4 Turn, Cross, 1/2 Hinge, Cross**

1,2            Turn 1/4 Left stepping fwd on Left, Turn 1/2 Left stepping back on Right  
3&4            Turn 1/4 Left stepping Left to Left side, Step Right beside Left, Step Left to Left side  
5 - 8          Cross Right over Left, Turn 1/4 Right stepping back on Left, Turn 1/4 Right stepping Right to Right side, Cross Left over Right

## **Touch Back, 1/2 Turn, Shuffle 1/2 Turn, Rock Back, Recover, Heel-Ball-Step**

1,2            Touch Right toe back, Turn 1/2 Right stepping down on Right,  
3&4            Shuffle 1/2 turn Right stepping Left-Right-Left  
5,6            Rock back on Right, Recover on Left  
7&8            Touch Right heel fwd, Step Right next to Left, Step fwd on Left \*Restart wall 4 & 7\*

## **Point , 1/2 Turn, Side Shuffle, 1/8 Turn, Touch, 1/4 Turn, Touch**

1,2            Point Right toe to Right side, Turn 1/2 Right stepping Right beside Left  
3&4            Step Left to Left side, Step Right beside Left, Step Left to Left side  
5,6            Turn 1/8 Left stepping Right to Right side, Touch Left next to Right (7.30)  
7,8            Turn 1/4 Left Stepping fwd on Left, Touch Right next to Left (4.30)

## **1/4 Turn, Touch, Side Shuffle, Rock Fwd, Recover, Coaster Step**

1,2            Turn 1/4 Left stepping Right to Right side, Touch Left next to Right (1.30)  
3&4            Turn 1/8 Left & step Left to left side, Step Right beside Left, Step Left to Left side (12.00)  
5,6            Rock fwd on Right, Recover on left  
7&8            Step back on Right, Step Left next to Right, Step fwd on Right

## **1/4 Turn Point, 1/4 Turn Step, Kick-Ball-Step, 1/4 Turn Point, 1/4 Turn Step, Kick-Ball-Step**

1,2            On ball of Right turn 1/4 Right & point Left to Left side, Turn 1/4 Left stepping down on Left  
3&4            Kick Right fwd, Step Right next to Left, Step fwd on Left  
5,6            On ball of Left turn 1/4 Left & point Right to Right side, Turn 1/4 Right stepping down on Right  
7&8            Kick Left fwd, Step Left next to Right, Step fwd on Right

## **Step, 1/2 Turn, Shuffle 1/2 Turn, Step Back, Half Turn, Kick-Ball-Step**

1,2 Step fwd on Left, Pivot 1/2 turn Right (weight on Right)  
3&4 Shuffle 1/2 turn Right stepping Left-Right-Left  
5,6 Step back on Right, Turn 1/2 Left stepping fwd on Left  
7&8 Kick Right fwd, Step Right next to Left, Step fwd on Left

**Start Dance Again**

**Ending: On Wall 9 dance up to count 20 (Side Shuffle) then cross Right over Left, Turn 1/4 Right stepping back on Left, Turn 1/2 Right stepping fwd on Right, Step fwd on Left, Step fwd on Right (finishing on front wall)**

**Contact: [m.robb2@hotmail.co.uk](mailto:m.robb2@hotmail.co.uk)**

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