

# High Time For Getting Down

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32                      牆數: 4                      級數: Upper Beginner  
編舞者: Wanda Heldt (AUS) - October 2013  
音樂: High Time for Gettin' down - Travis Tritt



Always looking out for My Beginners:- Split floor with 'The Belle Of Liverpool

Alternate music: Rock-A-Billy Christmas by Michael Bishop - Fast Christmas song,  
Class loved it.. hahaha

## **CROSS WALK, R.L. LOCK STEP BACK, KICK**

1 - 4                      Walk forward by stepping Right Over Left, Hold, Step Left over Right, Hold.  
5 - 8                      Step Back on Right, Step Left across Right, Step Back on Right, Kick Left Toe forward.

## **SWEEP, STEP, SWEEP, STEP, BACK COASTER STEP, SIDE ROCK, RECOVER ON LEFT WITH A 1/4 TURN RIGHT, TOUCH**

1 - 2                      Sweep Left from front, Step Left behind Right.  
3 - 4                      Sweep Right front to back, Step Right behind Left.  
5&6                      Step back on Left, Step Right next to Left, Step forward on Left.  
7&6                      Rock Right to Right side, Recover on Left with a 1/4 turn Right, [Wt.on L] Touch Right next to Left.[3]

Option: To make it a 2 Wall – Don't do the 1/4 turn right.. have fun.

## **SIDE TOGETHER, BACK, HOLD, SIDE TOGETHER, FORWARD, HOLD**

1 - 4                      Step Right, Step Left next to Right, Step back on Right, Hold.  
5 - 8                      Step Left, Step Right next to Left, Step forward on Left, Hold..

## **SIDE TOGETHER, 1/4 TURN RIGHT, HOLD, SIDE, RECOVER, CROSS, TOUCH, 1/4 TURN RIGHT HOOK**

1- 4                      Step Right, Step Left next to Right, Step a 1/4 turn on Right, Hold. [6]  
5&6                      Rock Left to Left side, Recover on Right, Cross step Left over Right.  
7 - 8                      Touch Right to Right side; 1/4 turn Right with a hook or a hitch. [Wt.on L] [9]

Restart dance....

## **HAVE FUN IN LIFE & IN DANCE**

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