

Double General Trouble

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver / Easyish Intermediate
編舞者: Martie Papendorf (SA) - October 2013
音樂: Generaal - Nicholis Louw : (Album: Grootste Treffers So Ver. 3:04)



Start on main vocals after 13sec. [24 beats] - 3 really easy Restarts!

#1: Side, Together, Fwd shuffle, Rock fwd back, Coaster ¼ left

1,2 Step R to right side, Step L next to R,
3&4 Step R fwd, Step L next to R, Step R fwd,
5,6 Rock L fwd, Recover R back,
7&8 Step L back making a ¼ turn left, Step R next to L, Step L fwd [9.00]

#2: R lockstep fwd, L crosslock fwd, Step, Heel turn ½ left, Coaster step

1&2 Step R fwd, Lock L behind R, Step R fwd,
3&4 Step L across R opening body to right side, Lock R behind L, Step L across R,

Moving fwd counts 1-4

Optional arm styling: Extend L arm fwd and R arm back during count 3&4

5,6 Step R fwd, Make a ½ turn left on ball of R touching L heel fwd,[3.00]
7&8 Step L back, Step R next to L, Step L fwd [3.00]

#3: Rock right left, Cross shuffle, Side, Fwd ¼ right, Shuffle fwd

1,2 Rock R to right side, Recover L to left side,
3&4 Step R across L, Step L to left side, Step R across L,
5&6 Rock L to left side, Recover R fwd making a turn ¼ right, [6.00]
7&8 Shuffle fwd stepping L, R, L [6.00]

#4: Full turn left, Shuffle fwd, Step, Heel, Hold, Side ¼ left, Heel, Step, Heel

1,2 Step R back making a ½ turn left, Step L fwd making ½ turn left, [6.00]
3&4 Shuffle fwd R, L, R,
&5,6 Step L in place, Touch R heel fwd, Hold,
&7&8 Step R to right side making a ¼ turn left, Touch L heel fwd, Step L next to R, Touch R heel fwd [3.00]

Restart here during wall 1 [facing 3.00], 4 [facing 12.00]

#5: Rock right left, Coaster ¼ right, Rock fwd back, Coaster step

1,2 Rock R to right side, Recover L to left side,
3&4 Step R behind L making a ¼ turn right, Step L next to R, Step R fwd, [9.00]

Restart here during wall 7 [facing 12.00]

5,6 Rock L fwd, Recover R back,
7&8 Step L back, Step R next to L, Step L fwd [9.00]

#6: Side, Pivot ¼ left, Fwd shuffle, Rock fwd back, Coaster step

1,2 Rock R to right side, Recover L fwd making a pivot turn ¼ left, [6.00]
3&4 Step R fwd, Step L next to R, Step R fwd,
5,6 Rock L fwd, Recover R back,
7&8 Step L back, Step R next to L, Step L fwd [6.00]

[Coaster step of count 7&8 can be replaced with a full turn left:

Step L fwd, Step R back making a ½ turn left, Step L fwd making a ½ turn left]

Restarts:

R1. Wall 1, after sec. 4 [facing 3.00]

R2. Wall 4, after sec. 4 [facing 12.00]

R3. Wall 7, during sec. 5:

Replace count 4 [of the Coaster $\frac{1}{4}$ right], facing 12.00, with a "Touch R next to L"

Ending: Dance ends during wall 9, after the "Cross shuffle" of section 3 [facing 6.00]

Step L across R and unwind $\frac{3}{4}$ right to end facing 12.00.

Wall 1 12.00 Restart 3.00

Wall 2 3.00

Wall 3 6.00

Wall 4 9.00 Restart 12.00

Wall 5 12.00

Wall 6 3.00

Wall 7 6.00 Restart 12.00

Wall 8 12.00

Wall 9 3.00

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