

拍數: 32      牆數: 4      級數: Improver / Intermediate  
編舞者: Séverine Fillion (FR) - September 2013  
音樂: A.M. - Chris Young : (Album: A.M.)



Intro : 16 + 16 counts

**[1-8] SCUFF, HITCH, SIDE STOMP, TOE HEEL SWIVEL INSIDE, SWIVETS, HEEL SWITCH**

1&2      Scuff right heel, right hitch, Stomp right to the right (keep weight on left)

**Style option : Turn your head to the right side on count 2**

3&4      Swivel right toe to the left, swivel right heel to the left, swivel right toe to the left

**Style option : Turn quickly your head to the left side on count 4**

5&      Swivet right : Swivel right toe to the right & left heel to the left, recover to the center

6&      Swivet left : Swivel left toe to the left & right heel to the right, recover to the center

7&8&      Touch right heel fwd, recover on right, touch left heel fwd, recover on left

**[9-16] STEP LOCK STEP FWD, STEP 1/2 TURN STEP, FULL TURN, 1/4 TURN IN 2 STOMP-UP**

1&2      Right step fwd, "lock" left cross behind right, right step fwd

3&4      Left step fwd, turn ½ right, left step fwd 6 :00

5-6      ½ turn left stepping right back, ½ turn left stepping left fwd

**Easier Option for 5-6 : Walk right fwd, walk left fwd**

7      Turn 1/8 left on left foot with right stomp-up slightly right side

8      Turn 1/8 left on left foot with right stomp-up slightly right side \*RESTART 3 :00

**[17-24] KICK FWD, 1/2 TURN & KICK FWD, STOMP-UP x 2, ROCK BACK, SCUFF, STOMPS OUT, CROSS TOUCH, UNWIND 1/2 TURN**

1&      Kick right fwd, right step next to left

2&      ½ turn left and left kick fwd, left step next to right 9 :00

3&      Stomp-up right x 2 next to left (keep weight on left)

4&      (jumping :) Rock back on right with left kick fwd, recover on left

5&6      Scuff right, stomp right to the right, stomp left to the left

7      Touch right ball cross over left

8      Unwind ½ turn left with knee bend (keep weight on left) 3 :00

**[25-32] (STOMP FWD, TOE FAN, HEEL BOUNCE, COASTER STEP) RIGHT & LEFT**

1&      Stomp right fwd (right toe inside), swivel right toe to the right

2      Lift and drop right heel in place (keep weight on left)

3&4      Right step back, left next to right, right step fwd

5&      Stomp left fwd (left toe inside), swivel left toe to the left

6      Lift and drop left heel in place (keep weight on right)

7&8      Left step back, right next to left, left step fwd

**Start again and enjoy !**

**RESTART : On wall 3 at 9 :00 after 16 counts**

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