

Roar

拍數: 64 牆數: 2 級數: Phrased Advanced
編舞者: K. Sholes (USA) - October 2013
音樂: Roar - Katy Perry



Sequence: (A,A,B,B*,A,A*,B,B,**B,B)

Part A - 32 counts

Cross-Rocks, Recovers, Heel, Step, Tap, Scuff, Rock, Recover, Step

1&2 3&4 Cross R over L, Rock to left, Recover R. Cross L over R, Rock to right, Recover L.

5&6&7&8 Tap R heel forward, Step on R, Tap L toe beside R, Scuff L heel,

Rock forward L, Recover R, Step back L.

1-8 Repeat above steps beginning with 1/4 turn to left on 1st step

Tap-Scuff-Steps, Cross, Touch-turn, Turn, Scuff, Rock forward, Recover, Step

1&2 3&4 Tap R toe behind L, Scuff R heel, Step to right. Tap L toe behind R, Scuff L heel, Step to left.

5&6&7&8 Cross R over L (5), Touch L toe beside R while turning 1/4 left(&), Turn 1/4 right (6), Scuff L heel (&), Rock forward L (7), Recover R (&), Step back L(8)

Coaster step, Toe-Heel-Step, Tap, Heel, Front-cross, Heel, Tap, Back-step

1&2 3&4 Step back R, Step back L, Step forward R. Touch L toe beside R, Touch L heel beside R, Step L.

5&6 7&8 Tap R toe behind L, Tap R heel to side, Cross R over L. Tap L heel forward, Tap L heel to side, Step back L.

Part B - 32 counts

Box-steps, Cha-Cha-Chas

1-2 3&4 Step R to side, Step L next to R, Step forward R, Step L together, Step forward R.

5-6 7&8 Step L to side, Step R next to L, Step back L, Step R together, Step back L.

Diagonal Step-touches, Rock, Recover. Back Cha-Cha-Cha

1-4 Step R diagonally to right, Touch L toe next to R, Step L diagonally to left, Touch R toe next to L.

5-6 7&8 Rock forward R, Recover L, Step back R, Step together L, Step back R.

Step, Drag, Step, Coaster Step, Step-Lock-Step

1-4 Step back L, Drag R for 2 counts, Step on R. (Arms held up front (R) & down back (L), during drag raise L hand behind & lower R hand in front)

5&6 7&8 Step back L, Step back R, Step forward L. Step R forward, Lock L behind R, Step forward R.

Step-Together-Steps, Turns, Recovers

1-2-3 &4 Step L to side, Step R together, Step L to side. Turn upper body to left (&) then back to front (4)

5-6-7 &8 Step R to side, Step L together, Step R to side. Turn upper body to right (&) then back to front (8) putting weight on L

During 2nd rotation of Part B* dance 1st 20 counts then restart Part A (keep weight on L foot)

During 4th rotation of Part A* dance 1st 16 counts then Restart Part B

Tag: 28 counts danced between 4th & 5th rotation of Part B**

1-4 Step back on L, Drag R back for 2 counts, Touch R next to L. (Begin new 8 count)

1-4 Step forward R, Pivot 1/2 to left, Look to right, Look forward.
5-8 Look to left, Look forward, Step R forward, Pivot 1/2 to left.

1-2 3&4 Step R to side, Step L together, Step R to side, Look to side, Look forward.
5-6 7&8 Step L to side, Step R together, Step L to side, Look to side, Look forward.

1&2 3&4 Cross R over L, Rock L to side, Recover R. Cross L over R, Rock R to side, Recover L.
5&6&7&8 Tap R feel forward, Step R, Tap L toe, Scuff L heel, Rock forward L, Recover R, Step back L.

At the end of dance (6th rotation of Part B) Step back on L, Drag R back for 2, touch R next to L..bow

Begin Again! Enjoy!

Contact: karensholes@hotmail.com
