

# You And I (aka Rishte Naate)

COPPER KNOB  
STEPPERS

拍數: 0                      牆數: 4                      級數: Phrased Improver  
編舞者: Swee Tuan Leong - October 2013  
音樂: Rishte Naate - Rahat Fateh Ali Khan & Suzanne Demello : (Album: 40 Unforgettable Bollywood Love Songs)



Start On Vocals :

**SEQUENCE : A, B (56 counts)**

**A, B\* (88 counts)**

**Instrumental**

**B\* (88 counts)**

**A, B\*\* (32 counts)**

**SECTION A -- Vocals by Suzanne Demello (in English)**

**Step to the Side, Rock Back, Recover (2X) , Step Forward & ½ Turn (2X)**

1, 2&                      Step R to right, rock back on L, recover on R  
3, 4&                      Step L to left, rock back on R, recover on L  
5, 6                        Step forward on R , ½ turn left placing weight on L  
7, 8                        Step forward on R, ½ turn left placing weight on L

**Vine to the right, Rolling Vine left, Rolling Vine right, Vine to the left**

9 -12                      Step R to right, step L behind R, step R to right, touch L next to R  
13-16                      Rolling vine left ending by touch R next to L  
17-20                      Rolling vine right ending by touching L next to R  
21-24                      Step L to left, step R behind L, step L to left, touch R next to L  
  
25-32                      Repeat steps 1 to 8 (still facing 12 o'clock)

**SECTION B (56 counts) – Vocals by Rahat Fateh Ali Khan**

**(Section B is the “Bollywood” segment , so add as much hand movements as you like)**

**Syncopated Rocking Chair, Side, Recover, Step Together, Touch (4X)**

1&2&                      Step forward on R, recover on L, step back on R, recover on L  
3&4&                      Step R to right, recover on L, step R next to L, touch L next to R  
  
5&6&                      Step forward on L, recover on R, step back on L, recover on R  
7&8&                      Step L to left, recover on R, step L next to R, touch R next to L  
  
9 – 12                      Repeat steps 1 to 4  
13-16                      Repeat steps 5 to 8

**Step, Touch with ¼ left turn, Step, Touch to complete 1 full circle in 16 counts**

17, 18                      Step forward on R, ¼ turning left touch L next to R  
19, 20                      Step L to left, touch R next to L  
21, 22                      Step forward on R, ¼ turning left touch L next to R  
23, 24                      Step L to left, touch R next to L  
25 -32                      Repeat steps 17 to 24

**Forward Shuffles, Jazz Box with ¼ right turn (3X)**

33&34                      Shuffle forward on RLR  
35&36                      Shuffle forward on LRL  
37 - 40                      Cross R over L, step back on L, ¼ turning right step R to right, step L next to R

- 41 – 48 Repeat steps 33 to 40  
49 – 56 Repeat steps 33 to 40 (facing 9 o'clock)

**SECTION B\* (88 counts) – Vocals by Rahat Fateh Ali Khan**

This is danced facing 9 o'clock (end facing 6 o'clock), and facing 3 o'clock (end facing 12 o'clock)

Section B\* (88 counts) is an extended section B (56 counts) as follows:

Just dance steps 1 to 32 of Section B TWICE (i.e repeat steps 1-32), then continue the dance from steps 33 (forward shuffles etc).

**INSTRUMENTAL (danced facing 6 o'clock) – you can add hand movements as you like**

**Extended Vine to the right, Extended Vine to the left**

- 1 – 8 Step R to right, step L behind R, step R to right, cross L over R, step R to right, step L behind R, step R to right, touch L next to R  
9 -16 Step L to left, step R behind L, step L to left, step R over L, step L to left, step R behind L, step L to left, touch R next to L

**Rolling Vine to the right, Rolling Vine to the left**

- 17 – 20 Rolling vine to the right end with L touching next to R  
21 – 24 Rolling vine to the left end with R touching next to L  
25 – 28 Rolling vine to the right ending with L touching next to R  
29 – 32 Rolling vine to the left ending with R next to L (weight on R)

**Jazz box ¼ turning LEFT, Jazz box (no turning) Touch**

- 33 – 36 Cross L over R, step back on R, ¼ turning LEFT step L to left, step R next to L  
37 – 40 Cross L over R, step back on R, step L to left, TOUCH R next to L (facing 3 o'clock)

**SECTION B \*\* (32 COUNTS)**

This is danced facing 12 o'clock.

Just dance steps 1 to 32 of Section B.

It is also the end of the dance, so POSE after step 32 !

Give the dance a try! Not as difficult as it looks ! Remember to smile. ENJOY !

Contact: [sweetuan@yahoo.com](mailto:sweetuan@yahoo.com)

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