

You And I (aka Rishte Naate)

COPPER KNOB
STEPPERS

拍數: 0 牆數: 4 級數: Phrased Improver
編舞者: Swee Tuan Leong - October 2013
音樂: Rishte Naate - Rahat Fateh Ali Khan & Suzanne Demello : (Album: 40 Unforgettable Bollywood Love Songs)



Start On Vocals :

SEQUENCE : A, B (56 counts)

A, B* (88 counts)

Instrumental

B* (88 counts)

A, B (32 counts)**

SECTION A -- Vocals by Suzanne Demello (in English)

Step to the Side, Rock Back, Recover (2X) , Step Forward & ½ Turn (2X)

1, 2& Step R to right, rock back on L, recover on R
3, 4& Step L to left, rock back on R, recover on L
5, 6 Step forward on R , ½ turn left placing weight on L
7, 8 Step forward on R, ½ turn left placing weight on L

Vine to the right, Rolling Vine left, Rolling Vine right, Vine to the left

9 -12 Step R to right, step L behind R, step R to right, touch L next to R
13-16 Rolling vine left ending by touch R next to L
17-20 Rolling vine right ending by touching L next to R
21-24 Step L to left, step R behind L, step L to left, touch R next to L

25-32 Repeat steps 1 to 8 (still facing 12 o'clock)

SECTION B (56 counts) – Vocals by Rahat Fateh Ali Khan

(Section B is the “Bollywood” segment , so add as much hand movements as you like)

Syncopated Rocking Chair, Side, Recover, Step Together, Touch (4X)

1&2& Step forward on R, recover on L, step back on R, recover on L
3&4& Step R to right, recover on L, step R next to L, touch L next to R

5&6& Step forward on L, recover on R, step back on L, recover on R
7&8& Step L to left, recover on R, step L next to R, touch R next to L

9 – 12 Repeat steps 1 to 4
13-16 Repeat steps 5 to 8

Step, Touch with ¼ left turn, Step, Touch to complete 1 full circle in 16 counts

17, 18 Step forward on R, ¼ turning left touch L next to R
19, 20 Step L to left, touch R next to L
21, 22 Step forward on R, ¼ turning left touch L next to R
23, 24 Step L to left, touch R next to L
25 -32 Repeat steps 17 to 24

Forward Shuffles, Jazz Box with ¼ right turn (3X)

33&34 Shuffle forward on RLR
35&36 Shuffle forward on LRL
37 - 40 Cross R over L, step back on L, ¼ turning right step R to right, step L next to R

- 41 – 48 Repeat steps 33 to 40
49 – 56 Repeat steps 33 to 40 (facing 9 o'clock)

SECTION B* (88 counts) – Vocals by Rahat Fateh Ali Khan

This is danced facing 9 o'clock (end facing 6 o'clock), and facing 3 o'clock (end facing 12 o'clock)

Section B* (88 counts) is an extended section B (56 counts) as follows:

Just dance steps 1 to 32 of Section B TWICE (i.e repeat steps 1-32), then continue the dance from steps 33 (forward shuffles etc).

INSTRUMENTAL (danced facing 6 o'clock) – you can add hand movements as you like

Extended Vine to the right, Extended Vine to the left

- 1 – 8 Step R to right, step L behind R, step R to right, cross L over R, step R to right, step L behind R, step R to right, touch L next to R
9 -16 Step L to left, step R behind L, step L to left, step R over L, step L to left, step R behind L, step L to left, touch R next to L

Rolling Vine to the right, Rolling Vine to the left

- 17 – 20 Rolling vine to the right end with L touching next to R
21 – 24 Rolling vine to the left end with R touching next to L
25 – 28 Rolling vine to the right ending with L touching next to R
29 – 32 Rolling vine to the left ending with R next to L (weight on R)

Jazz box ¼ turning LEFT, Jazz box (no turning) Touch

- 33 – 36 Cross L over R, step back on R, ¼ turning LEFT step L to left, step R next to L
37 – 40 Cross L over R, step back on R, step L to left, TOUCH R next to L (facing 3 o'clock)

SECTION B ** (32 COUNTS)

This is danced facing 12 o'clock.

Just dance steps 1 to 32 of Section B.

It is also the end of the dance, so POSE after step 32 !

Give the dance a try! Not as difficult as it looks ! Remember to smile. ENJOY !

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