Leavin' & Sayin' Goodbye

級數: Beginner / Improver

編舞者: John Warnars (NL) - October 2013

牆數:4

音樂: Leavin and Sayin Goodbye - Gayla Earlene : (CD: Traditional Sugar)

拍數: 32

(01 – 08) ½ RUMBA BOX R with TOUCH, L SIDE SHUFFLE with ¼ TURN L (slow) & TOUCH;

- 1 RF step to right side
- 2 LF close next RF
- 3 RF step backwards
- 4 LF tap with toes next RF
- 5 LF step to left side
- 6 RF close next LF
- 7 LF ¹/₄ turn left, step forwards (9)
- 8 RF tap with toes next LF

(09 – 16) ½ RUMBA BOX R with TOUCH, L SIDE SHUFFLE with ¼ TURN L (slow) & HITCH;

- 1 RF step to right side
- 2 LF close next RF
- 3 RF step backwards
- 4 LF tap with toes next RF
- 5 LF step to left side
- 6 RF close next LF
- 7 LF ¹/₄ turn left, step forwards (6)
- 8 RF lift knee up (hitch)

(17 - 24) TRIPLE BACK & KICK, L COASTER STEP (slow) & SCUFF;

- 1 RF step backwards
- 2 LF step backwards
- 3 RF step backwards
- 4 LF kick forwards
- 5 LF step backwards
- 6 RF close next LF
- 7 LF step forwards
- 8 RF scuff forwards

(25 – 32) STEP, LOCK, STEP, SCUFF, ROCK, RECOVER, ¼ TURN L SIDE STEP, TOUCH;

- 1 RF step forwards
- 2 LF cross behind RF (lock)
- 3 RF step forwards
- 4 LF scuff forwards
- 5 LF rock forwards
- 6 RF weight back on RF
- 7 LF ¼ turn left, step to left side (3)
- 8 RF tap with toes next LF (weight on LF)
- 1 RF start again (step to right side)

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