

Make You Scream

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate / Advanced - WCS feel
編舞者: Linda McCormack (UK) - September 2013
音樂: Rollacoasta (feat. Estelle) - Robin Thicke : (iTunes)



Count in: 32 count intro

Info: 2 restarts, on wall 4 and 8 (see below.)

[1-8] Back, side, cross, side steps (R, L) hip bump, ¼, ¼, coaster step.

1&2 step LF back (1); RF to R side (&); cross LF over R (2);
&3&4 step RF to R side (&); step LF to L side (3); bump hips to L then back (&4);
5, 6 ¼ turn to the L stepping on to the L foot (5); ¼ turn to the L stepping R foot to R side (6);
7&8 Step LF back (7); step RF together (&); step forward on the LF (8);

[9-16] Walks x2, Rock-recover-back-side, heel, toe-heel, strut steps x2

1, 2 walk forward R, L (1,2);
3&4& Rock forward on the RF (3); recover onto the LF(&); step back on the RF (4); step LF to L side (&);
5, 6& turn L heel in toward RF (5); L toe in (6); L heel in (&);
7, 8 step the LF behind the R (R foot is on ball of foot) (7); turning ¼ put weight on RF bringing LF on the ball of the foot together (8); (facing 9 o clock)

[17-24] Rock- recover, ½, forward, ½ pivot turn, ¼ touch step, ½ touch step (with hips)

1&2 Rock forward on the LF (1); recover weight onto the RF (&) turn ½ over the L shoulder stepping forward on the LF (2); (facing 3 o clock)
3,4 step forward on the RF (3); pivot ½ turn over the L shoulder (4) (facing back on 9 o clock)
5,6 ¼ turn touching the RF to the R side (5,6); (bumping hips and taking weight on R on count 6)
7,8 ½ turn touching the LF to the L side (7,8); (bumping hips and taking weight on L on count 8)

[25-32] Cross heel jacks x2 and cross, unwind ½ back touch, ¼ pivot

1&2& cross RF over LF (1); step LF to L side (&); present the R heel to the R side (2); take weight onto the R (&);
3&4& cross LF over RF (3); step RF to R side (&); present the L heel to the L side (2); take weight onto the L (&);
5,6, cross RF over the LF (5); unwind ½ over L shldr, weight is even (6); (facing 12 o clock)
7,8 touch L foot back (7); pivot ¼ turn over L shldr (8) weight stays on R to restart dance.

Restarts

Wall 4 (9 o clock)- dance up to count 28 and touch LF next to R at the end of the second heel jack, making LF available to step back on count 1 of restart. (restart happens on same wall.)

Wall 8 (6 o clock)- same as above.

Please note: Music cuts out completely just after you start wall 14, keep dancing through this, the music will kick back in on count 17 of the dance.

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