

High Time For Getting' Down

COPPER KNOB
BY STEPHEN T. TRITT

拍數: 32 牆數: 4 級數: Upper Beginner
編舞者: Wanda Heldt (AUS) - October 2013
音樂: High Time for Gettin' down - Travis Tritt



Always looking out for My Beginners:- Split floor with 'The Belle Of Liverpool

CROSS WALK, R.L. LOCK STEP BACK, KICK

1 - 4 Walk forward by stepping Right Over Left, Hold, Step Left over Right, Hold.
5 - 8 Step Back on Right, Step Left across Right, Step Back on Right, Kick Left Toe forward.

SWEEP, STEP, SWEEP, STEP, BACK COASTER STEP, SIDE ROCK, RECOVER ON LEFT WITH A 1/4 TURN RIGHT, TOUCH

1 - 2 Sweep Left from front, Step Left behind Right.
3 - 4 Sweep Right front to back, Step Right behind Left.
5&6 Step back on Left, Step Right next to Left, Step forward on Left.
7&8 Rock Right to Right side, Recover on Left with a 1/4 turn Right, [Wt.on L] Touch Right next to Left.[3]

Option: To make it a 2 Wall – Don't do the 1/4 turn right.. have fun.

SIDE TOGETHER, BACK, HOLD, SIDE TOGETHER, FORWARD, HOLD

1 - 4 Step Right, Step Left next to Right, Step back on Right, Hold.
5 - 8 Step Left, Step Right next to Left, Step forward on Left, Hold..

SIDE TOGETHER, 1/4 TURN RIGHT, HOLD, SIDE, RECOVER, CROSS, TOUCH, 1/4 TURN RIGHT, HOOK

1- 4 Step Right, Step Left next to Right, Step a 1/4 turn on Right, Hold. [6]
5&6 Rock Left to Left side, Recover on Right, Cross step Left over Right.
7&8 Touch Right to Right side Turn a 1/4 Right [Wt. on L.] Hook your Right, Hold. [9]

Restart dance....

HAVE FUN IN LIFE & IN DANCE

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