

I Can Feel You

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Lesley Clark (SCO) - September 2013
音樂: I Can Feel You - Anastacia : (CD: Heavy Rotation)



Intro: 40 count intro from start of track

CHARLESTON STEP X2

1-2 Touch right foot forward, step back on right
3-4 Touch left foot back, step forward on left
5-6 Touch right foot forward, step back on right
7-8 Touch left foot back, step forward on left

PADDLE FULL TURN, TOUCH FRONT, SIDE, BEHIND, SIDE, STEP

1&2&3&4 Paddle full turn left
5-6 Touch right foot forward, side
7&8 Step right behind left, step left to left side, step forward on right

TOUCH FRONT, SIDE, SAILOR ¼ TURN, KICK, TOE ½ TURN, FLICK

1-2 Touch left foot forward, side
3&4 Step left behind right, ¼ turn left stepping right to right side, step forward on left
5-6 Kick right foot forward, touch toe back
7-8 ½ turn right (weight on right), flick left foot back

WALK FORWARD LEFT, RIGHT, LEFT LOCK STEP, ½ TURN, TOUCH, LEFT LOCK STEP

1-2 Walk forward left, right
3&4 Step forward on left, lock right behind left, step forward on left
5-6 ½ turn left stepping back on right, touch left next to right
7&8 Step forward on left, lock right behind left, step forward on left

RIGHT LOCK STEP, ROCKING CHAIR, STEP PIVOT ½

1&2 Step forward on right, lock left behind right, step forward on right
3-4 Rock forward on left, recover on right
5-6 Rock back on left, recover on right
7-8 Step forward on left, ½ turn right

½ TURN SHUFFLE, ¼ TURN SHUFFLE, SIDE STEP, TOUCH, SIDE STEP, TOUCH

1&2 ½ turn left shuffle over right shoulder stepping left, right, left
3&4 ¼ turn side shuffle right stepping right, left, right
5-6 Step left to left side, tap right out to right side
7-8 Step right to right side, tap left out to left side

STEP LEFT, TOGETHER, CHASSE, SIDE STEP, TOUCH, SIDE STEP, TOUCH

1-2 Step left to left side, step right beside left
3&4 Step left to left side, step right next to left, step left to left side
5-6 Step right to right side, Tap left out to left side
7-8 Step left to left side, tap right out to right side

STEP RIGHT, TOGETHER, CHASSE, CROSS UNWIND ½ TURN, ROCK, RECOVER

1-2 Step right to right side, step left next to right
3&4 Step right to right side, step left next to right, step right to right side
5-6 Cross step left over right, unwind ½ turn right (weight on left)

7-8 Rock back on right, recover on left

Start Again.....Happy Dancing.....
