

I Got You

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jane Carstairs (UK) - October 2013
音樂: I Got You - Jack Johnson



Start on vocals (32 counts)

Cross rock recover, side chasse, weave

1,2,3&4 Rock right foot in front of left, recover onto left, step right to right side, step left to right, step right to side
5,6,7,8 Cross left over right, step right to right side, step left behind right, step right to side

Cross rock recover, side chasse, weave

1,2,3&4 Rock left foot in front of right, recover onto right, step left to left side, step right to left, step left to left side
5,6,7,8 Cross right over left, step left to left side, step right behind left, step left to left side

Rock recover, shuffling half turns rock recover

1,2,3&4 Rock forward onto right recover onto left, shuffle half turn to right stepping right left right
5&6,7,8 Shuffle half turn to right stepping left right left, rock back on right, recover onto left

Paddle turn x2, Jazz box

1,2,3,4 Step forward on right making $\frac{1}{4}$ turn left, left stays in place recover weight onto left, repeat
5,6,7,8 Cross right over left, step back on left, step right to side, step left to right

Monterey, syncopated points, rock recover, chasse

1,2,3&4 Point right to right side, bring right into to left making $\frac{1}{2}$ turn right, point left, bring left into right point right
5,6 7&8 Cross right in front of left, recover onto left, step right to side, step left to right, step right to side

Syncopated Weave, Side rock, Sailor

1,2&3,4 Step left over right, step right to side, left behind, right to side, left in front of right
5,6,7&8 Rock right to side, recover onto left, step right behind left, left to left side, step right to right side

Rock recover, chasse $\frac{1}{4}$, rock recover, full turn

1,2,3&4 Rock left behind right, recover onto right, step left to left side, right to left, step left back making $\frac{1}{4}$ turn left
5,6,7&8 Rock back on right, recover onto left, step right making $\frac{1}{2}$ turn left, step left making $\frac{1}{2}$ turn left

Restart the dance from the Monterey here on the 3rd wall

Rock Coaster x2

1,2,3&4 Rock forward onto right, recover onto left, step back right, step left to it, step forward
5,6,7&8 Rock forward onto left, recover onto right, step back left, step right to it, step left forward

Dance is Restarted from the Monterey on the 3rd wall after 56 counts you will complete the second half of the dance then Restart and dance the first half finishing with the jazzbox at 12 o'clock

Contact: j.carstairs1@btinternet.com