

Rise Again

拍數: 32 牆數: 4 級數: Intermediate NC2S
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音樂: What if - Cookies n Beans : (Single)



Section 1: Basic Nightclub x2, ½ Diamond

1, 2 & Step right to right side, Close left behind right, Cross right over of left
3, 4 & Step left to left side, Close right behind left, Cross left over of right
5, 6 & Step right to right side, Turn 1/8 left stepping back on left, Step back on right
7, 8 & Turn 1/8 left stepping left to left side (facing 9 o'clock) Turn 1/8 left stepping forward on right,
Step forward on left

Section 2: Finish diamond, Close, Cross, Triple turn 3/4 right, Step forward, ½ turn left, Cross rock

1, 2, 3 Square up to 6 o'clock stepping right to right side, Close left next to right, Cross right over left
4 & 5 Turn 1/4 right stepping back on left, Turn ½ right stepping forward on right, Step forward on
left
6 & 7 Step forward on right, Bring left in towards right (weight still on right), Turn ½ left stepping
forward on left
8 & Cross rock right over left, Recover weight onto left

Restart here during walls 2 and 6

Section 3: Step side, Back rock, ½ turn right with sweep, Behind side cross with sweep, Cross ½ turn left into basic nightclub

1, 2 & 3 Step right to right side, Rock back on left, Recover weight onto right, Turn ½ stepping back
on left sweeping right from front to back
4 & 5 Step right behind left, Step left to left side, Cross right over left sweeping left from back to
front
6 & 7 Cross left over right, Turn 1/4 left stepping back on right, Turn 1/4 left stepping left to left side
8 & 1 Close right behind left, Cross left over right, Step right to right side

Section 4: Cross rock, Side, Cross Unwind, Sweep, Cross, Back, Side, Cross

2, 3 & 4 Cross rock left over right, Recover weight onto right, Step left to left side, Cross right over left
5, 6 Unwind full turn left ending with weight on left sweeping right from back to front
7 & 8 & Cross right over left, Step left back, Step right to right side, Cross left over right

Start Again

Tag after wall 3: Basic nightclub right, Step side left, Cross rock

1, 2 & Step right to right side, Close left behind right, Cross right over of left
3, 4 & Step long step to left to left side, Cross rock right over left, Recover weight onto left

Start Again

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