

# Rise Again

拍數: 32      牆數: 4      級數: Intermediate NC2S  
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音樂: What if - Cookies n Beans : (Single)



## Section 1: Basic Nightclub x2, ½ Diamond

1, 2 &      Step right to right side, Close left behind right, Cross right over of left  
3, 4 &      Step left to left side, Close right behind left, Cross left over of right  
5, 6 &      Step right to right side, Turn 1/8 left stepping back on left, Step back on right  
7, 8 &      Turn 1/8 left stepping left to left side (facing 9 o'clock) Turn 1/8 left stepping forward on right,  
Step forward on left

## Section 2: Finish diamond, Close, Cross, Triple turn 3/4 right, Step forward, ½ turn left, Cross rock

1, 2, 3      Square up to 6 o'clock stepping right to right side, Close left next to right, Cross right over left  
4 & 5      Turn 1/4 right stepping back on left, Turn ½ right stepping forward on right, Step forward on  
left  
6 & 7      Step forward on right, Bring left in towards right (weight still on right), Turn ½ left stepping  
forward on left  
8 &      Cross rock right over left, Recover weight onto left

**Restart here during walls 2 and 6**

## Section 3: Step side, Back rock, ½ turn right with sweep, Behind side cross with sweep, Cross ½ turn left into basic nightclub

1, 2 & 3      Step right to right side, Rock back on left, Recover weight onto right, Turn ½ stepping back  
on left sweeping right from front to back  
4 & 5      Step right behind left, Step left to left side, Cross right over left sweeping left from back to  
front  
6 & 7      Cross left over right, Turn 1/4 left stepping back on right, Turn 1/4 left stepping left to left side  
8 & 1      Close right behind left, Cross left over right, Step right to right side

## Section 4: Cross rock, Side, Cross Unwind, Sweep, Cross, Back, Side, Cross

2, 3 & 4      Cross rock left over right, Recover weight onto right, Step left to left side, Cross right over left  
5, 6      Unwind full turn left ending with weight on left sweeping right from back to front  
7 & 8 &      Cross right over left, Step left back, Step right to right side, Cross left over right

**Start Again**

## Tag after wall 3: Basic nightclub right, Step side left, Cross rock

1, 2 &      Step right to right side, Close left behind right, Cross right over of left  
3, 4 &      Step long step to left to left side, Cross rock right over left, Recover weight onto left

**Start Again**

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