Don't You Look Back



拍數: 32 牆數: 4 級數: Improver

編舞者: Ryan King (UK) - October 2013

音樂: Don't Stop (Glee Cast Version) - Glee Cast



Intro: 32 Counts Start on "If you wake up..."

Walk R, Walk L, R Kick Ball Step, R Shuffle, L Rock Recover

12	Step Forward	Right, Ster	p Forward Left.

3 & 4Kick Right Foot Forward, Step Right next to Left, Step Forward Left.5 & 6Step Forward Right, Step Left next to Right, Step Forward Right.

7 8 Rock Forward on Left, Replace Weight Back onto Right.

1/2 Shuffle L, 1/2 Shuffle R, L Rock Recover, L Shuffle

1 & 2	Step Left Back making ¼ Left, Step Right next to Left, Step Side Left making ¼ Left.
3 & 4	Step Right Forward making ¼ Left, Step Left next to Right, Step Right Back making ¼ Left.

5 6 Rock Back Left, Recover Weight Forward onto Right.

7 & 8 Step Forward Left, Step Right next to Left, Step Forward Left.

Restart here on the third wall.

Cross R Point L, Cross L Point R, 1/4 R Jazz Box, Cross

1 2	Cross Right over Left, Point Left.
3 4	Cross Left over Right, Point Right.
5 6	Cross Right over Left, Step Back Left

7 8 Step Right to Right Side making ¼ Right, Cross Left over Right.

Right Dorothy, Left Dorothy, Side Behind & Cross Point

1 2 & Step Right Diagonally Forward, Step Left behind Right, Step Right Diagonally Forward.
3 4 & Step Left Diagonally Forward, Step Right behind Left, Step Left Diagonally Forward.

5 6 Step Right to Right Side, Step Left behind Right.

&7 8 Step Right to Right Side, Cross Left over Right, Point Right.

Restart: Third wall. Dance 16 counts and start again.

Contact: Nightsaberx@gmail.com