

Happy

拍數: 64 牆數: 4 級數: Improver
編舞者: Rona Kaye (USA) - September 2013
音樂: Happy - Pharrell Williams



Dance starts right away after four strong beats at the beginning of the song.
Step 1 of the dance is on the FIFTH strong beat. (CW Rotation)

Weave to the R, touch L toe:

1-4 Step R side R (1), Step L behind R (2), Step R side R (3), Step L in front of R (4)
5-8 Step R side R (5), Step L behind R (6), Step R side R (7), Touch L toe to R (8) 12:00

“Step, touches” L-R-L-R with claps****:

1-4 Step L side L (1), Touch R to L (2), Step R side R (3), Touch L to R (4)
5-8 Step L side L (5), Touch R to L (6), Step R side R (7), Touch L to R (8) 12:00

****Clap hands twice on 2& and 6&....clap hands once on 4 and 8.

Grapevine L with ¼ Turn L, Two “Step, touches with snaps”:

1-4 Step L side L (1), Step R behind L (2), Turn ¼ L and step forward on L (3), Touch R toe to L (4)
5-8 Step R side R (5), Touch L to R and snap fingers (6), Step L side L (7), Touch R to L and snap fingers (8) 9:00

Grapevine R, Grapevine L:

1-4 Step R side R (1), Step L behind R (2), Step R side R (3), Touch L to R (4)
5-8 Step L side L (5), Step R behind L (6), Step L side L (7), Touch R to L (8) 9:00

“Rocking Chair” R, “Monterey” Turn ¼ turn R:

1-4 Rock forward on R (1), Recover L (2), Rock back on R (3), Recover L (4)
5-8 Touch R toe to R (5), Step R to L as you turn ¼ to R (6), Touch L toe to L (7), Step L to R (8) 12:00

Forward “Mambo” R, Step back R, Hold, Back “Coaster” L, Step forward L, Hold:

1-4 Rock forward on R (1), Recover L (2), Step back R (3), Hold (4)
5-8 Step back L (5), Step R to L (6), Step L forward (7), Hold (8) 12:00

Slow Pivot ¼ Turn to L, “Jazz Box” R:

1-4 Step forward R (1), Hold (2), Turn ¼ to L (3), Hold (4)
5-8 Step R over L (5), Step L back (6), Step R to side R (7), Step L to R (8) 9:00

Heel “struts” R-L-R-L turning ½ turn to L :

1-4 Tap R heel forward (1), Step on R (2), Tap L heel forward turn ¼ to L (3) Step on L (4)
5-8 Tap R heel forward (5), Step on R (6), Tap L heel forward turn ¼ to L (7), Step on L (8) 3:00

Dance ends facing the front wall after the 4th 8 count (Grapevine R & L) on the 10th rotation of the dance (starting last time on 3:00 wall)...dance the grapevine R and L and stomp R on count 8 (instead of touch R) to end the dance! Have fun!

Contact: RonaKaye112@Yahoo.com