

Dressed Up Mamma

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Upper Beginner
編舞者: Ray Graham (AUS) & Trish Graham (AUS) - August 2013
音樂: Mama Don't Get Dressed Up for Nothing - Brooks & Dunn



Weight on Left: Start 48 counts in.

Section 1: SIDE, TOUCH, SIDE, TOUCH, RIGHT SIDE SHUFFLE, TURN ¼ ROCK BACK, RECOVER

1,2,3,4 Step R to side, Touch L beside R, Step L to side, Touch R beside L
5&6,7,8 Step R to side, Step L beside R, Step R to side, Turning ¼ L Rock back on L, Recover on R
(9.00)

Section 2: FORWARD V STEP, REVERSE V STEP

1,2,3,4 Step L forward on L Diagonal, Step R forward on R diagonal, Step L back to Centre, Step R
back to Centre
5,6,7,8 Step L Back on L Diagonal, Step R back on R diagonal, Step L forward to centre, Step R
forward to centre. (9.00)

Section 3: WALK FORWARD x 2, ½ TURN R, ½ TURN R, LEFT SHUFFLE FORWARD, ROCK, RECOVER

1,2,3,4 Walk forward L, R, Turning ½ R Step L back, Turning ½ R Step R forward,
5&6,7,8 Step L forward, Step R beside L, Step L forward, Rock forward on R, Recover back on L
(9.00)

Section 4: SIDE, RECOVER, CROSS, HOLD, SIDE, RECOVER, CROSS, HOLD

1,2,3,4 Step R to side, Recover back on L, Cross R over L, Hold
5,6,7,8 Step L to side, Recover back on R, Cross L over R, Hold (9.00)

TAG: At the end of wall 8 (facing 12.00) add the following tag,

Step R forward, Pivot ½ L, Step R forward, Pivot ½ L

END of DANCE

Finish dance with the backward V Step (Turn to the front while doing the Reverse V Step)

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(Revised Sheet - Sept 2013)
