

Dig Two

拍數: 80 牆數: 4 級數: Phrased Intermediate / Advanced
編舞者: Jean Welser (USA) - October 2013
音樂: Better Dig Two - The Band Perry



16 count lead-in

Alternate song choices: "Pirate Flag" (K. Chesney) and "Cruise" (Florida-Georgia Line)
(In alternate songs, dance is performed with one Pattern A alternating with one Pattern B and no Tags or Restarts)

PATTERN A – 32 COUNTS

- 1-2,3-4 ½ Monterey to right – Rt. foot out to side & return while making ½ turn, left foot to side and return
- 5-6,7-8 Heel touches – Right heel touch in front and step back in place, left heel touch in front & return in place
- 1-2,3-4 Toe touches – Rt. toe touches behind left foot & steps back in place, left toe touches behind rt. foot & returns
- 5-7,8 Stomps – 3 stomps with right foot and hold for count 8
- 1-2,3-4 ½ Monterey to right – As above, returning to original wall
- 5-6,7-8 Heel touches – As above
- 1-2,3-4 Strutting jazz box right – Rt. cross over left, left step out to side
- 5-6,7-8 quarter turn to right while stepping right, left in place

PATTERN B – 48 COUNTS

- 1-3,4-8 Vine in/out right – Vine to right 3 steps (r,l,r), then 5 quick out-in-out steps with left foot
- 1-3,4-8 Vine in/out left – Vine to left 3 steps (l,r,l), then 5 quick out-in-out steps with right foot
- 1-3,4 Triple forward right – Shuffle/triple right, left, right, hold one count
- 5-7,8 Triple forward left - Shuffle/triple left, right, left, hold one count
- 1-3,4 Turn left – ½ turn to left using 3 steps (r,l,r) and hold one count
- 5-7,8 Turn right – ½ turn to right using 3 steps (l,r,l) and hold one count
- 1-4 Right heel hitch –Right heel touch forward, left heel lifts and sets down as right foot hitches, right heel touches
- down, left heel lifts and touches down**
- 5-7,8 Stomps – Three stomps – right, left, right - and hold one count
- 1-4 Left heel hitch - as above starting with left heel touching forward and right heel lifting and setting down
- 5-7,8 Stomps – Three stomps – left, right, left – and hold one count

SEQUENCE LIST*

- A, Tag 8, A, Tag 3
B, Tag 8, A, Tag 3
B, hold 2 beats, A
B (first 40 counts only – no left heel hitch)
A, Tag 3
B (first 32 counts only)

B (first 32 counts only)

A (first 16 counts only, slowly)

***NOTE: -**

All 8 count Tags are performed as stomps - two stomps right, two left, two right, two left.

All 3 count Tags are also performed as stomps, but all 3 stomps are on right foot.

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