

# My Number

拍數: 32      牆數: 4      級數: Improver  
編舞者: Aiden Fryer (UK) - October 2013  
音樂: My Number - Foals



**Start dance Start on vocal. 32 counts On Word "You"**

## **ROCK FORWARD RECOVER SHUFFLE ½ SHUFFLE ½ ROCK BACK RECOVER**

1-2      Rock forward on right recover on left  
3&4      Shuffle ½ over right shoulder stepping right , left next to right stepping on right  
5&6      Shuffle ½ over right stepping back on left , bring right next to right , step on left.  
7-8      Rock back on right foot, recover onto left.

## **STEP POINT CROSS POINT, JAZZBOX ¼ TURN WITH CROSS**

1-2      Step forward on right point left toe to left side  
3-4      Cross left over right point right toe to right side  
5-6      Cross right over left, step back on left making ¼ turn over right shoulder  
7-8      Step right foot to right side , cross left over right

## **CHASSERIGHT ROCK BACK . ¼ STEP ½ SHUFFLE ½**

1&2      Step right to right side , left next to right, right to right side  
3-4      Rock back on left foot, recover on right  
5-6      Make ¼ turn step on left foot, make ½ turn over right shoulder step back on right foot  
7&8      Shuffle ½ turn over left shoulder stepping left forward, right next to left , left foot forward

## **STEP ½ HITCH LEFT KNEE, LEFT SHUFFLE, ¼ STEP ½ STEP**

1-2      Step forward on right , ½ turn over left shoulder , hitch left knee  
3&4      Make a left shuffle forward, stepping left forward, right next to left, left foot forward  
5-6      Make ¼ turn to right stepping on right foot, make a ½ turn on left foot over right shoulder  
7-8      Step on right foot, step on left foot.

## **RESTART AFTER COUNTS 16 COUNTS WALL 5**

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