

After All

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Lesley Kidd (UK) - September 2013
音樂: After All (feat. Bryan Adams) - Michael Bublé



Intro 32 counts (start on vocals)

Section 1: Figure eight weave to R

1-4 Step R to side, step L behind R, step R making a $\frac{1}{4}$ turn to R. Step L Making a further $\frac{1}{4}$ turn
5-8 Step R making $\frac{1}{4}$ turn, step L forward, lock R behind L, step left forward

Section 2: Mambo, sweep x2, touch, step

1&2 3 4 R mambo forward, recover L, step back R. Sweep L foot back,
5-8 Sweep R foot back, touch L toe in front of R, step L

Section 3: 2x windmill turns, 2x sailor steps

1-4 Point R toe to side while making $\frac{1}{4}$ turn to L, drop weight onto R, Point L toe to side while
 making $\frac{1}{2}$ turn to R, drop weight onto L
5&6 7&8 Step R behind L, step L in place, step R to side, Step L behind R, step R In place, step L to
 side

Section 4: Cross rock, side shuffle R, $\frac{1}{4}$ paddle, $\frac{1}{2}$ paddle

1 2 3&4 Rock R in front of L, recover, step R to side, step L next to R, step R next To L
5-8 Step forward L, make $\frac{1}{4}$ turn to R, drop weight onto R, step forward L, Make $\frac{1}{2}$ turn to R,
 drop weight onto R

Section 5: Heel jack and cross step, R kick ball cross x2

1&2&3 4 Step L across R, spring onto R and dig L heel out to side, step L foot Next to R and step R
 across L, step L to side
5&6 7&8 Kick R foot to diagonal, step onto R, step L across R, repeat counts 5&6

Section 6: Step side, step $\frac{1}{4}$, $\frac{1}{4}$ side shuffle. toe turn, side rock

1 2 3&4 Step R to side, step L to side making $\frac{1}{4}$ turn to L, step R to side making Further $\frac{1}{4}$ turn to L,
 step L next to R, step R to side
5-8 Touch L toe to back, make $\frac{1}{2}$ turn over L shoulder, dropping weight onto L Rock R to R side,
 recover on L

Section 7: Cross, side, behind, point, cross $\frac{1}{4}$ turn, side, point

1-4 Cross R over L, step L to side, step R behind L, point L to side
5-8 Cross L over R, step R back making $\frac{1}{4}$ turn to L, step L to side, Point R to side **

Section 8: 2x toe switches, cross shuffle, side rock, behind and step

&1&2 3&4 Bring R foot in and point L to side, bring L foot in and point R to side Cross R over L, step L
 to side, cross R over L
5 6 7&8 Rock L to L side, recover onto R, step L behind R, step R to side, step L across R

****RESTART: There is one Restart on wall 5. Dance up to the end of section 7 and begin again.**

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