

# Boatdock

**COPPER** KNOB  
STEP SHEETS

拍數: 48      牆數: 4      級數: Easy Intermediate  
編舞者: Don Pascual (FR) - October 2013  
音樂: Boatdock (Men of Distinction)



Start on vocals

**Section 1: Stomp up R forward, lift and drop R heel x 3, Stomp up L forward, lift and drop L heel x 3**

1                      Stomp up R forward  
&2&3&4              Lift and drop R heel x 3  
5                      Stomp up L forward  
&6&7&8              Lift and drop L heel x 3

**Style: -**

On counts &2...4, make an arc of circle to your right with your R arm

On counts &6...8, make an arc of circle to your left with your L arm

**Section 2: Stomp R forward, clap, stomp L forward, clap, sugar foot R, L, R, touch**

1-2                    Stomp R forward, clap  
3-4                    Stomp L forward, clap  
5-6                    Swivel L heel to the L and step R in R diagonal, swivel R heel to the R and step L in L diagonal  
7-8                    Swivel L heel to the L and step R in R diagonal, touch L toe beside R

**Section 3: L side shuffle, R back rock step, R side shuffle, L back rock step**

1&2                    Step L to the L, R beside L, step L to the L  
3-4                    Rock back on R foot, recover onto L  
5&6                    Step R to the R, L beside R, step R to the R  
7-8                    Rock back on L foot, recover onto R

**Section 4: Tap L toe to the L, slightly to the R, L beside R, monterey turn, swivel to the R**

1&2                    Tap L toe to the L, move your L toe closer to R foot and tap your L toe, L beside R  
3-6                    Point R to R side, ½ T right on ball of L foot stepping R beside L, point L to L side, step L beside R  
7-8                    Swivel R toe/L heel out, swivel R toe/L heel in

**Style: On count 7, you can point your R index finger at your hat, turning your head to your Right**

**Section 5: L sailor step, R sailor step with R ¼ T, R dwight steps in place with L kicks**

1&2                    Cross L behind R, R to R side, L to L side  
3&4                    Cross R behind L making a ¼ T to the R, L to L side, R to R side  
5-6                    Swivel R heel to the L touching L toe beside R, swivel R heel to the R & L kick forward  
7-8                    Swivel R heel to the L touching L toe beside R, swivel R heel to the R & L kick forward

**Section 6: L back step, L back scoot x 3, L & R heel jacks**

1                      L back step  
2-4                    L back scoot (with R back flick) X 3  
&5&6                    Step back on R, touch L heel forward (L diagonal), step L in place, step R beside L  
&7&8                    Step back on L, touch R heel forward (R diagonal), step R in place, step L beside R

**Style: On counts 2-4, point your R index finger at your hat**

Have fun with this dance !!!

Contact: [countryscal@orange.fr](mailto:countryscal@orange.fr)

