

City Light

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Juliet Lam (USA) - October 2013
音樂: Self Control - Soraya : (Album: Ochenta's 2006)



Intro : 48 count from the start of the track. (Approx. 26 seconds into track)

Section 1: Walk Forward Right, Left, Forward Mambo, Back, Back, Coaster Cross

1-2 Walk forward on right, left
3&4 Rock forward on right, recover on left, step right back
5-6 Walk back on left, right
7&8 Step back on left, step right next to left, cross left over right (12:00)

Section 2: Touch, Hook 1/4 Right, Forward Lock Step, Kick Ball Point, Kick Ball Point

1-2 Touch right toe to right side, hook right foot across left leg while turning ¼ right (3:00)
3&4 Step forward on right, lock left behind right, step forward on right
5&6 Kick left forward, step left ball next to right, point right toe to right side
7&8 Kick right forward, step right ball next to left, point left toe to left side

Section 3: Rock Forward, Recover & Rock Forward, Recover, Back Lock Step, Back Lock Step

1-2& Rock left forward, recover on right, step left next to right
3-4 Rock forward right, recover on left,
5&6 Step right back, lock left over right, step right back (Angle body slightly to right diagonal)
7&8 Step left back, lock right over left, step left back (Angle body slightly to left diagonal)

(Restart – Wall 7, replace count 7&8 with “Left Coaster”)

Section 4: Rock Back, Recover X 2, Step, Pivot 1/4 Left X 2

1-2 Rock back on right (push right hip back, looking over right shoulder), recover on left
3-4 Rock back on right (push right hip back, looking over right shoulder), recover on left
5-6 Step right forward, pivot ¼ left (use hips) (12:00)
7-8 Step right forward, pivot ¼ left (use hips) (9:00)

Restart – Wall 7 begins at 6:00, dance up to count 22, add “Left Coaster” and start again, facing 9:00

Start Again & Have fun!!!

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