Reckoning Song



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Jessica Wegmann (CH) - October 2013

音樂: One Day / Reckoning Song (Wankelmut Remix) - Asaf Avidan & The Mojos:

(iTunes)



Count in 32 counts.

Knee In-Out-In.	1/4 Step.	Step.	1/2.	1/2	Touch-Hitch-Cross,	Point
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1&2	Touch R to L turning R knee in, Turn R knee out, Turn R knee in
3-4	1/4 turn right stepping forward onto R, Step L forward (3:00)
5-6	½ turn left stepping back onto R, ½ turn left stepping forward onto L
7&8	Hitch R over with a little Hop (7), Step R across (&), Point L to left side (8)

Hop-Hitch, Cross, ¼ Step, ½, ½, Turning Lock Step, ½ Step, ¼ Side

1&2 Hitch L over with a little Hop (1), Step L across (&), ¼ turn right stepping R forward (2)	(6:00)
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3-4 ½ turn right stepping back onto L, ½ turn right stepping R forward

5&6 ½ turn right stepping L back, Lock R over L, Step L back (Do this ½ turn progressively during

the lock step) (12:00)

7-8 ½ turn right stepping R forward, ¼ turn right stepping L to left side (9:00)

Sailor Step 1/8 Turn, Hold, Ball Step, Hold, Ball Step, Hold, Ball Step

1&2	Step R behind, 1/8 turn right stepping L to left side, Step slightly forward on R (10 :30)
3&4	Hold, Step L next to R, Step R forward
5&6	Hold, Step L next to R, Step R forward
7&8	Hold, Step L next to R, Step R forward

Rock Recover, Lock Step Back, Box Right For Full Turn and 1/8

1-2	Rock L forward, Recover onto R
3&4	Step L back, Lock R over L, Step L back
5-6	$3/8$ turn right (squaring up to $3:00$) sliding R to right side, $\frac{1}{4}$ turn right sliding L to left side (6:00)
7-8	1/4 turn right sliding R to right side, 1/4 turn right sliding L to left side (12:00)

Scuff- Out-Out, Knee Pop, Body Roll, Hip Up-Down

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3&4	Pop R knee in	-out-in					

5-6 Body Roll from head down to hips over 2 counts finishing with weight sitting on R (body is

Scuff R forward, Step R to right side, Step L to left side (width of shoulders)

slightly angled towards left diagonal)

7-8 Bump L hip up, Bump down

Slow Sailor Step x2, Sailor Step 1/4 Turn

1&2

1-2-3	Close L behind, Step R to right side, Step L slightly forward
4-5-6	Close R behind, Step L to left side, Step R slightly forward

7&8 Close L behind, ¼ turn left stepping R to right side, Step L slightly forward (9:00)

Side Switches and Touches, Step Side

1&2&	Point R to right side, Close R to L, Point L to left side, Close L to R
3&4&	Point R to right side, Touch R next to L, Point R to right side Close R to L
5&6&	Point L to left side, Close L to R, Point R to right side, Close R to L

7&8 Point L to left side, Touch L next to R, Step L to left side

Close, Cross, ¼, ¼, Slow Coaster Step, Forward

1-2 Close R to L, Step L across
3-4 ¼ turn left stepping back onto R, ¼ turn left stepping L next to R (3:00)
5-6-7 Step R back, Close L next to R, Step R forward
8 Step L forward *Note: Wall 6

SMILE AND START DANCE AGAIN!

*Note: Wall 6, Section 8 on count 63, has an acceleration and deceleration and finishes with a $\frac{1}{2}$ turn on 8 Step L forward to face the front.

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