

# Sitting On Go

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Caroline Cooper (UK) & Marie Sørensen (TUR) - October 2013  
音樂: Sittin' On Go - Bryan White : (Album: Between Now And Forever - iTunes - 3.06)



## INTRO: 24 Counts (Slow beats)

### OUT IN OUT, BEHIND, SIDE, CROSS, OUT IN OUT, BEHIND, SIDE, CROSS

1&2      Touch right out, touch next to left, touch right out  
3&4      Step right behind left, step left to left side, cross right over left  
5&6      Touch left out, touch next to right, touch left out  
7&8      Step left behind right, step right to right side, cross left over right (12:00)

### DIAGONAL FORWARD TOE STRUTS, DIAGONAL BACK TOE STRUTS, BEHIND, SIDE 1/4, TOE HEEL CROSS

1&2&      Step ball of right foot diagonally forward, drop right heel, step ball of left foot diagonally, forward, drop left heel (claps or finger clicks optional)  
3&4&      Step ball of right foot diagonally back, drop right heel, step ball of left foot diagonally back, drop left heel (claps or finger clicks optional)  
5&6      Step right to right side, step left behind right, 1/4 turn right stepping right forward  
7&8      Touch left toe to right instep, tap left heel forward, cross left over right (03:00)

**Restart the dance at this point during wall 2 and wall 4, facing 12:00**

### CHASSE RIGHT, BACK ROCK RECOVER, SIDE, SYNCOPATED REVERSED WEAVE, 1/4 HITCH

1&2      Step right to right side, close left next to right, step right to right side  
3&4      Back rock left behind right, recover weight right, step left to left side  
5&6&      Cross right behind left, step left to left side, cross right over left, step left to left side  
7&8&      Cross right behind left, step left to left side, cross right over left, 1/4 turn right hitching left knee (12:00)

### LEFT SHUFFLE FORWARD, RIGHT MAMBO, SHUFFLE HALF LEFT, STEP 1/4 TOUCH

1&2      Step forward left, bring right next to left, step forward left  
3&4      Step forward right, bring left next to right, step back right  
5&6      1/2 left stepping forward left, bring right up to left, step forward left (06:00)  
7-8&      Step forward right, 1/4 turn left, touch right next to left (03:00)

### CHASSE RIGHT, BACK ROCK, RECOVER, 1/2 TURN, COASTER STEP, STEP 1/2 TURN

1&2      Step right to right side, step left next to right, step right to right side  
3&4      Back rock left, recover, 1/2 turn right, step back on left ((09.00)  
5&6      Step back on right, step left next to right, step fwd. on right  
7&8      Step fwd. on left, 1/2 turn right, step fwd. on left (03:00)

### STEP, TAP, BACK, KICK, COASTER STEP, STEP, TAP, BACK, KICK, COASTER STEP

1&2&      Step fwd. right, tap left toe behind right, step back on left, kick right fwd.  
3&4      Step back on right, step left next to right, step fwd. on right  
5&6&      Step fwd. on left, tap right toe behind left, step back on right, kick left fwd.  
7&8      Step back on left, step right next to left, step fwd. on left (03:00)

### MAMBO 1/2 TURN RIGHT, MAMBO 1/4 TURN LEFT, SYNCOPATED JAZZ BOX, CROSS, SIDE, TOUCH, SIDE, TOUCH

1&2      Rock fwd. right, recover, 1/2 turn right, step fwd. right (09:00)  
3&4      Rock fwd, left, recover, 1/4 turn left, step left to left side  
5&6&      Cross right over left, step back on left, step right to right side, cross left over right

7&8& Step right to right side, touch left beside right, step left to left side, touch right beside left  
(06:00)

**SYNCOPATED WAUDEVILLE, SYNCOPATED JAZZ BOX ¼ TURN RIGHT, CROSS, SIDE, TOGETHER**

1&2& Step right to right side, tap left toe diagonal fwd. left, step left to center, step right next to left

3&4& Step left to left side, tap right toe diagonal fwd. right, step right next to left, step left next to right

5&6& Cross right over left, step back on left, ¼ turn right, step right to right side, cross left over right

7&8& Step right to right side, touch left beside right, step left to left side, touch right beside left  
(09:00)

**RESTART: During wall 2 and 4 – Restart the dance after 16 Counts, both times you are facing the front wall**

**Contacts:-**

**Caroline: [coolcoopers@yahoo.com](mailto:coolcoopers@yahoo.com)**

**Marie: [sunshinecowgirl1960@gmail.com](mailto:sunshinecowgirl1960@gmail.com)**

---