

# I Can Take It From There

COPPER KNOB  
STEPPERS

拍數: 48                      牆數: 4                      級數: Improver  
編舞者: Shelia Montgomery (USA) - June 2013  
音樂: I Can Take It from There - Chris Young



**Intro: 2 - 8 counts**

**[1 - 8] Walk R, Walk L, Mambo R, Back L, Back R, Mambo L**

1 - 2                      Step forward on right (1), step forward on left (2),  
3 & 4                      Rock forward on right (3, &), step back on right (4)  
5 - 6                      Step back on left (5), step back on right (6)  
7 & 8                      Rock back on left (7, &), step forward on left (8)

**[9 - 16] Rolling (or straight) vine R with a touch, Rolling (or straight) vine L with a touch.**

1 - 4                      Step right to right turning  $\frac{1}{4}$  (1), step on left turning  $\frac{1}{4}$  (2) step on right turning  $\frac{1}{2}$  having made a complete turn (3), touch left beside right (4)  
5 - 8                      Step left to left turning  $\frac{1}{4}$  (5), step on right turning  $\frac{1}{4}$  (6), step on left turning  $\frac{1}{2}$  having made a complete turn (7), touch right beside left (8)

**[17 - 24] R Lock step, L Lock step, Step turn  $\frac{1}{2}$ , Walk R, Walk L**

1, 2 &                      Step forward on right (1), step left behind & slightly to right side of right (2), Step forward on right (&)  
3, 4 &                      Step forward on left (3), step right behind & slightly to left side of left (4), Step forward on left (&)  
5 - 8                      Step forward right (5), turn  $\frac{1}{2}$  (6) , walk forward on right (7), walk forward on left (8)

**[25 - 32] R Lock step, L Lock step, Step turn  $\frac{1}{2}$ , Walk R, Walk L**

1, 2 &                      Step forward on right (1), step left behind & slightly to right side of right (2), Step forward on right (&)  
3, 4 &                      Step forward on left (3), step right behind & slightly to left side of left (4), Step forward on left (&)  
5 - 8                      Step forward right (5), turn  $\frac{1}{2}$  (6) , walk forward on right (7), walk forward on left (8)

**[33 - 40] R side step, L behind right, Triple in place, Sweeping L sailor with a  $\frac{1}{4}$  left turn, walk, walk**

1 - 2                      Step right foot to right side (1), step left foot behind right (2)  
3 & 4                      Step right to right side (3), step left in place (&), step right in place (4)  
5 & 6                      Sweep left foot around and behind right turning  $\frac{1}{4}$  turn to the left (5), step on right (&), step forward on left (6),  
7, 8                      walk forward on right (7), walk forward on left (8)

**[41 - 48] Knee roll right looking right with attitude, Knee roll left looking left with attitude, Mambo right, Mambo left**

1-4                      Roll right knee out and to the right (1, 2), roll left knee out and to the left (3, 4)  
5 & 6                      Rock right foot to right (5, &), step right foot beside left (6)  
7 & 8                      Rock left foot to left (7 &), step left foot beside right (8)

**One Restart. Restart is on the front wall, wall 5 of dance. Complete first 16 counts (complete vines) – Restart.**

**Dance ends after the first 8 counts, facing wall 6. To end with a 'flourish':**

**Walk R, Walk L, R mambo**

**Back left (5), back right (6), touch left toe beside right foot (7),**

**Cross left toe over right (&) , turn upper body toward the front wall hands in air (8).**

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