

Fighter

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Ultra Beginner
編舞者: K. Sholes (USA) - September 2013
音樂: Fighter - Christina Aguilera



Walk Forward , Touch, Walk Back, Touch

1-4 Walk forward R,L,R, touch L toe forward (bringing arms up in strong man position)
5-8 Walk back L,R,L, touch R toe back (arms in "strong man")

Side Touches, Funky Bumps

1-4 Step R to side, touch L next to R (strong arms), Step L to side, touch R next to L (strong arms)
5-8 With L leg straight & R knee bent bump R shoulder to side twice, switch position & bump L shoulder to side twice

1/4 turn Grapevine

1-4 Turning 1/4 to left step R to side, Step L behind R, Step R to side, Touch L beside R
5-8 Step L to side, Step R behind L, Step L to side, Touch R beside L

Step-scuffs, Rocking Chair

1-4 Step R forward, Scuff L heel, Step L forward, Scuff R heel
5-8 Rock forward on R, Recover L, Rock back on R, Recover L

Begin Again! Enjoy!

Contact: karensholes@hotmail.com
