

# Little Black Dress On

COPPER KNOB  
BY STEPHEN

拍數: 64                      牆數: 4                      級數: Intermediate  
編舞者: Michele Burton (USA) - September 2013  
音樂: Little Black Dress - Sara Bareilles : (CD: The Blessed Unrest - iTunes)



Count in: 2 piano notes, 8 beats apart with silence in between.  
Start on the word 'O-K'. Easy - once you listen to the tempo a few times.

## [1 – 8] SIDE BEHIND SIDE ROCK RECOVER BACK ~ ¼ ¼ ~ & ROCK RECOVER

- 1 – 2                      Step R to right; Step L behind R;  
& 3-4                      Step ball of R to right, turning body to right diagonal; Recover wt. to L (hips angled to right diagonal); Step R behind L  
5 – 6                      Turn ¼ L, stepping L forward; Turn ¼ L, stepping R to right  
& 7-8                      Step L beside R; Step ball of R to right; Recover wt. to L [6:00]

## [9 – 16] POINT FORWARD SIDE ~ HITCH BALL CHANGE ~ WALK RIGHT (1/2 way around) IN SHAPE OF A HOOK

- 1 – 2                      Point R in front of L; Point R to right  
3 & 4                      Hitch R; Step R ball back; Recover weight to L  
5 – 8                      Step R forward, 8:00; Step L toward right diagonal, 9:00; Step R toward right continuing arc to 11:00; Step L forward, 12:00, prepping for full turn left cts. 5 - 8 should be in a small hooked shape, , with ct. 8 as a prep for full turn left 12:00

## [17-24] FULL TURN ~ STEP TAP ~ BACK TAP ~ KICK BALL CROSS

- 1 – 2                      Turn ½ left, stepping R back; Turn ½ left, stepping L forward (easy option: two walks R,L)  
3 – 4                      Step R forward; Tap L behind R heel  
5 – 6                      Step L back; Tap R near L toe  
7 & 8                      Kick R to right diagonal; Step ball of R back; Cross L in front of R; (easy option: Step R to right; Step L behind R) 12:00

## [25 – 32] 1/4 1/4 ~ SAILOR 1/4 CROSS ~ STEP SIDE POINT ~ STEP SIDE POINT

- 1 – 2                      Turn ¼ right, stepping R forward; Turn ¼ right, stepping L to left  
3 & 4                      Step ball of R behind L; Turn ¼ R, stepping L to left; Cross R over L  
5 – 6                      Step L to left (with slight knee dip & hip sway left; Point R to right diagonal  
7 – 8                      Step R in place with slight knee dip & hip sway right; Point L to left diagonal (cts 5 – 8 – groove, using your own style) 9:00

## [33-40] SIDE BACK ROCK ~ TRIPLE FORWARD ~ ROCK ½ TURN

- 1 – 3                      Step L to left; Step ball of right behind L; Step L forward  
4 & 5                      Step R forward; Step L beside R; Step R forward  
6 – 8                      Rock L forward; Return to R, turning ½ left on ball of R; Step L slightly forward 3:00

## [41 - 48] STEP HOLD ~ & STEP POINT ~ ¼ LEFT ½ LEFT ~ ¼ CHASSE LEFT

- 1 – 2                      Step R to right; Hold  
& 3-4                      Step L beside R; Step R to right; Point L to left  
5 – 6                      Turn ¼ left, stepping L forward; Turn ½ left, stepping R back  
7 & 8                      Turn ¼ left, stepping L to left; Step R beside L; Step L to left 3:00

## [49 - 56] ¼ TURNING JAZZ BOX ~ ¼ TURNING JAZZ BOX

- 1 – 4                      Cross R over L; Step L to back left diagonal; Turn ¼ right, stepping L to right; Step L forward 6:00  
5 – 8                      Cross R over L; Step L to back left diagonal; Turn ¼ right, stepping L to right; Step L forward 9:00

**[57-64] SYNCOPATED LOCK STEPS ~ ½ PIVOT ~ ½ PIVOT**

- 1 – 2& Step R to forward right diagonal; Lock L behind R; Step R to right diagonal
- 3 – 4& Step L to forward left diagonal; Lock R behind L; Step L to left diagonal
- 5 – 6 Step R forward; Turn ½ left, taking weight to left
- 7 – 8 Step R forward; Turn ½ left, taking weight to left (easy no turn option for cts. 5 – 8: rocking chair) 9:00

**BEGIN AGAIN**

**Restart: 2nd wall after 16 cts (you'll be facing 9:00)**

**Restart: 3rd wall after 40 cts (you'll be facing 12:00)**

**End: You'll be facing 6:00 after doing the 1st set of 8 (beginning of 8th wall). Cross R over L & unwind ½ left to face front – on the piano key beat.**

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