

Roll With The Wind

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Maryloo (FR) - September 2013
音樂: Roll with the Wind - Alexander Rybak : (Album: Fairytales)



Intro : 32 counts

HEEL , HOOK, HEEL, HITCH , R. COASTER , SIDE TOES SWITCHES, ¼ TURN LEFT & HOOK

1&2&3&4 Touch R heel forward, R hook, touch R heel forward, R hitch, step R back, step L next to R, step R forward
5&6&7-8 Touch L toe to side, switch L together, Touch R toe to side, switch R together , Touch L toe to side, ¼ turn L and hook L foot (left leg should be crossed over right) (9.00)

TRIPLE STEP FORWARD, PIVOT ½ TURN LEFT, HEEL SWITCHES ,CLAPS

1&2 Step L forward, step R next to L ,step L forward
3-4 Step R forward, Pivot ½ turn left (weight on L) (3.00)
5&6&7&8 Touch R heel forward, switch R together, touch L heel forward , switch L together, touch R heel forward, clap, clap

RESTART : here on the 3rd wall (9.00) and 7th wall (9.00), after the 16 counts of the instrumental music

HEEL, HOOK, HEEL, TOGETHER, SWIVELS ¼ TURN L, SAILOR 1/4 TURN L, TRIPLE STEP FORWARD

1&2& Touch R heel forward, R hook, touch R heel forward, step R together,
3&4 Make a 1/8 turn L with swivel both heels to right, swivel both heels to center, make a 1/8 turn L with swivel both heels to right (weight on R) (12.00)
5&6 Step L behind R, make ¼ turn to L and step R to side, step L slightly forward (9.00)
7&8 Step R forward, step L next to R, step R forward

PIVOT ½ TURN R , TRIPLE FULL TURN TRAVELLING FORWARD , JAZZ BOX

1-2 Step L forward, pivot ½ turn R (weight on R) (3.00)
3&4 Triple full turn forward(L.R.L.)
5-8 Cross R over L, step L back, step R next to L, step L forward

EASY TAG : at the end of the 1st wall (3.00) and 4th wall (12.00):

1-2 2 walks forward (R.L.)

Have Fun !

Contact choreographer : malouwin@hotmail.fr