Shiver



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Marie Sørensen (TUR) - September 2013

音樂: Shiver - Jamie O'Neal: (iTunes)



Intro: 16 Counts

Side, Behind, Side, Cross, Side, 1/4 Turn, Sweep, Back, Sweep, Coaster Step

1 Step Right to Right side,

2&3 Cross Left behind Right, step Right to Right side, cross Left over Right

4 Step Right to Right side

5&6& ¼ turn Left, step back on Left, Sweep Right back, step back on Right, sweep Left back

7&8 Step back on Left, step Right beside Left, step fwd. Left (09:00)

Ball Change, Rock, Recover, Behind Side, Cross, Sway, Sway, Cross, Point, 1/4 Turn Left

&1-2 Step fwd. Right, rock fwd. Left, recover

3&4 Cross Left behind Right, step Right to Right side, cross Left over Right
5-6 Step Right to Right side, sway Right, step Left to Left side, sway Left

&7-8 Cross Right in front of Left, point Left to Left side, ¼ turn Left, on the ball of Right (Now Left

toe is pointed fwd. – (Weight on Right) (06:00)

Toe Switches Fwd. Ball Change, Walk, Walk, Rock, Recover, Side, Rock, Recover

&1&2 Step Left beside Right, point Right to Fwd. step Right beside Left, point Left toe fwd.

&3-4 Step Left beside Right, walk fwd. Right, Left

5-6 Cross rock Right over Left, recover

&7-8 Step Right to Right side, cross rock Left over Right, recover (06:00)

Restart the dance here during wall 3 – Facing 12:00 – Do a Ball Change, now you have your weight on Left.

1/4 Turn Left, Prizzy Walk, Mambo 1/2 Turn, Jazz Box, Cross, Cross

&1-2 ½ turn Left, step fwd. Left, Cross Right in front of Left, cross Left in front of Right (03:00)

Rock fwd. Right, recover, ½ turn Right, step fwd. Right (09:00)

5-6 Cross Left over Right, step back on Right

&7-8 Step Left to Left side, cross Right in front of Left, cross Left in front of Right (09:00)

RESTART: During wall 3, after 24 Counts – Do a Ball Change on count &, now you have your weight on Left – Start from the beginning, facing 12:00

Have Fun!

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