

Chal Chal Chal Mere Saathi

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Easy Intermediate
編舞者: BM Leong (MY) - October 2013
音樂: Chal Chal Chal Mere Saathi - Kishore Kumar



Sequence of dance: 44/44/48/48/24/44/48/Tag/48/24/44/8
Start dance on vocal after 48 counts of hard beats.

SECT 1) PRISSY WALKS, HOLD, SIDE ROCK, CROSS CHA CHA

1-2 Cross right over left, cross left over right
3-4 Cross right over left, hold
5-6 Rock left to left side, recover onto right
7&8 Cross cha cha on LRL

SECT 2) RIGHT HIP SHAKES, FORWARD ROCK, TRIPLE 1/2 TURN RIGHT

1-2 Shake right hip up, shake right hip down
3-4 Shake right hip up, shake right hip down
(styling: place right palm on right hip and left hand behind head)
5-6 Rock right forward, recover onto left
7&8 Triple 1/2 turn right on RLR

SECT 3) LEFT HIP SHAKES, FORWARD ROCK, TRIPLE 3/4 TURN LEFT

1-2 Shake left hip up, shake left hip down
3-4 Shake left hip up, shake left hip down
(styling: place left palm on left hip and right hand behind head)
5-6 Rock left forward, recover onto right
7&8 Triple 3/4 turn left on LRL

SECT 4) RIGHT & LEFT JUMP-STEP-STEP, INDIAN HORSE STEPS

1&2 Jump right to right side, step left together, step right beside left
3&4 Jump left to left side, step right together, step left beside right
5-6 Rock right back hitching left, step left forward
7-8 Rock right back hitching left, step left forward

SECT 5) SIDE ROCK, CROSS CHA CHA, HIP BUMPS

1-2 Step right to right side, recover onto left
3&4 Cross cha cha on RLR
5-6 Bump hips left twice (raise both hands up and shake to the left twice)
7-8 Bump hips right twice (shake both hands to the right twice)

SECT 6) SIDE ROCK, CROSS CHA CHA, HIP BUMPS

1-2 Rock left to left side, recover onto right
3&4 Cross cha cha on LRL
5-6 Bump hips right twice (raise both hands up and shake to the right twice)
7-8 Bump hips left twice (shake both hands to the left twice)

TAG:

1-8 As in Sect 4

Contact - www.sjlinedancer.blogspot.com