

Clap Along

拍數: 64 牆數: 4 級數: Beginner
編舞者: Amy Christian (USA) - September 2013
音樂: Happy - Pharrell Williams : (iTunes)



Intro: 4 counts.

SIDE, TOUCH, SIDE, TOUCH, SIDE, TOG, SIDE, TOUCH

1-4 Step R to right side, Touch L next to R, Step L to left side, Touch R next to L,
5-8 Step R to right side, Step L next to R, Step R to right side, Touch L next to R,

SIDE, TOUCH, SIDE, TOUCH, SIDE, TOG, SIDE, TOUCH

1-4 Step L to left side, Touch R next to L, Step R to right side, Touch L next to R,
5-8 Step L to left side, Step R next to L, Step L to left side, Touch R next to L,

FORWARD MAMBO, HOLD, BACK MAMBO, HOLD,

1-4 Rock fwd on R, Recover back on L, Step R next to L, Hold,
5-8 Rock back on L, Recover fwd on R, Step L next to R, Hold,

SHUFFLE FWD, HOLD, SHUFFLE FWD, HOLD,

1-4 Shuffle fwd R,L,R, Hold,
5-8 Shuffle fwd L,R,L, Hold,

KICK FWD, REPLACE, KICK FWD, REPLACE, TOE STRUTS 1/8 TURN, TOE STRUT 1/8

1-4 Kick R fwd, Replace R next to L, Kick L fwd, Replace L next to R,
5-6 Tap R toe next to L, 1/8 turn right stepping L next to R, [1:00]
7-8 Tap L toe next to R, 1/8 turn right, stepping R next to L, [3:00]

KICK FWD, REPLACE, KICK FWD, REPLACE, TOE STRUTS 1/8 TURN, TOE STRUT 1/8

1-4 Kick R fwd, Replace R next to L, Kick L fwd, Replace L next to R,
5-6 Tap R toe next to L, 1/8 turn right stepping L next to R, [4:00]
7-8 Tap L toe next to R, 1/8 turn right, stepping R next to L, [6:00]

ROCKING CHAIR, STEP FWD, HOLD, STEP FWD, HOLD,

1-4 Rock fwd on R, Recover back on L, Rock back on R, Recover fwd on L,
5-8 Slow walks – Step fwd on R, Hold, Step fwd on L, Hold,

ROCKING CHAIR, CROSS, HOLD, ¼ STEP BACK, HOLD,

1-4 Rock fwd on R, Recover back on L, Rock back on R, Recover fwd on L,
5-8 Cross R over L, Hold, ¼ turn right, stepping back on L, Hold, [9:00],

Begin again!

*Option – If you want to take this dance to another level, add taps to the all hold counts.

So,... on those Hold counts, Tap or Touch your toe next to the other foot with no weight, so that you can use that foot next. If you like, you can also clap along, on the chorus part of the song.

Enjoy!

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