

1 Way Ticket

拍數: 64 牆數: 2 級數: Improver
編舞者: Norman Gifford (USA) - September 2013
音樂: One Way Ticket - Billy Currington : (iTunes)



16 beat count-in

(Cross-rock, replace, cha-cha steps, cross-rock, replace, step together, hold)

1-2 Left cross-rock; right replace
3&4 Cha-cha steps in place (LRL)
5-8 Right cross-rock; left replace; right together; hold

(Rock-step, windshield-wiper turn ½ left, rock-step, replace, step side, hold)

1-2 Left rock forward; right replace
3&4 Cha-cha steps turning ½ left (LRL) [6:00]
5-8 Right rock-step forward; left replace; right long step side; hold

(Rock back, replace, step in 3rd position, hold, spin turn ¾ left, step side, crossover, hold)

1-4 Left rock back; right replace; left step side turning ¼ left; hold [3:00]
5-6 Right step forward in ¾ spin turn left; left step side [6:00]
7-8 Right crossover; hold

(Scissor-step, cross-lock-step, step side, crossover, step side, hold)

1-2 Left rock-side; right step back
3&4 Left crossover; right lock-step behind left; left step crossed-over
5-8 Right step side; left crossover; right step side; hold

(Forward right oblique lock-steps, hold, forward left oblique lock-steps, hold)

1-4 Left step right diagonal; right lock-step behind left; left step forward; hold [7:30]
5-8 Right step left diagonal; left lock-step behind right; right step forward; hold [4:30]

(Cross, back, side, cross, back, side, cross, back)

1-3 Left crossover; right step back; left step side [6:00]
4-6 Right crossover; left step back; right step side
7-8 Left crossover; right step back

(Nightclub ½ right turn, side-cross-side, hold)

1-4 Left rock back; right replace; left step forward in ½ spin turn right; hold [12:00]
5-8 Right step side; left crossover; right step side; hold

(Nightclub ½ right turn, side-cross-side, hold)

1-4 Left rock back; right replace; left step forward in ½ spin turn right; hold [6:00]
5-8 Right step side; left crossover; right step side; hold

BEGIN AGAIN

Contact: nlgifford@yahoo.com