

Sexy J.J

拍數: 64 牆數: 4 級數: Intermediate / Advanced
編舞者: Roz Chaplin (UK) - September 2013
音樂: Sexy Lady - Jessie J : (CD: Alive - Deluxe Edition - iTunes)



16 Count Intro: Starts on Vocals

RIGHT KICK-BALL-CROSS X2, SIDE ROCK, COASTER STEP

1&2 Kick right foot forward, step right beside left, cross left over right
3&4 Kick right foot forward, step right beside left, cross left over right
5-6 Rock right to right side, recover onto left
7&8 Step back on right, step left beside right, step right forward

SIDE ROCK, ANCHOR STEP X2, STEP, SCUFF

1-2 Rock left to left side, recover onto right
3&4 Cross left behind right, step right in place, step slightly back on left
5&6 Cross right behind left, step left in place, step slightly back on right
7-8 Step forward on left, scuff right slightly forward

SIDE, TOGETHER, SHUFFLE FORWARD, ¼ TURN, SIDE, CROSS SHUFFLE

1-2 Step right to right side, close left beside right
3&4 Step forward on right, close left beside right, step right forward
5-6 Make ¼ turn right stepping back on left, step right to right side (3)
7&8 Cross left over right, step right to right side, cross left over right

STEP, LOCK, STEP, MODIFIED SWIVET ½ TURN, STEP, HOLD

1&2 Step back on right, lock left over right, step back on right
3-4 Step forward on left heel, press right toe just behind left heel (You should now have the left toe and right heel off the floor)
5-6 Unwind ½ turn to right (9)
7-8 Step forward on left, hold

CORTA JACA (samba moves syncopated heel and toe steps)

1-2& Step forward on right, step forward on left heel, step right behind left heel
3& Press left toe back, step right in front of left toe
4& Step forward on left heel, step right behind left heel
5-6& Step left back, step forward on right heel, step left behind right heel
7& Press right toe back, step left in front of right toe
8& Step forward on right heel, step left behind right heel

BACK ROCK, ROCK & CROSS, MAMBO FORWARD, MAMBO BACK

1-2 Rock back on right, recover onto left
3&4 Rock right to right side, step left beside right, cross right over left
5&6 Rock forward on left, recover back onto right, step back on left
7&8 Rock back on right, recover forward on left, step forward on right

KICK, FORWARD, KICK SIDE, SAILOR ¼ TURN. PIVOT ¼ TURN, WALK, WALK

1-2 Kick left foot forward, kick left foot to left side
3&4 Cross left behind right turning ¼ left, step right to right side, step left forward (6)
5-6 Step forward on right, pivot ¼ turn left (3)
7-8 Walk forward right, walk forward left

CROSS, &, HEEL, &, CROSS, &, HEEL, & SYNOCATED MAMBO STEPS

1&2& Cross right over left, step back on left, touch right heel forward,, step right beside left
3&4& Cross left over right, step back on right, touch left heel forward, step left beside right
5-6& Rock forward on right, recover onto left, step right beside left
7-8& Rock back on left, recover onto right, step left beside right

A Big Thanks to 2 Very Special Friends
