

Lost In The Shuffle

COPPER **NOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Marie Sørensen (TUR) - September 2013
音樂: Lost In the Shuffle - Michael Peterson : (Album: Stars And Stripes -
www.itunes.com)



Intro: 32 Counts

CHASSE, ROCK, RECOVER, CHASSE, CROSS, SIDE

1&2 Step right to right side, step left beside right, step right to right side
3-4 Back rock left, recover
5&6 Step left to left side, step right beside left, step left to left side
7-8 Cross right over left, step left to left side (12:00)

BEHIND, SIDE, CROSS SHUFFLE, ROCK, RECOVER ¼ TURN, WALK, WALK

1-2 Cross right behind left, step left to left side
3&4 Cross right over left, step left to left side, cross right over left
5-6 Rock left to left side, ¼ turn left, step back on right
7-8 Walk back left, right (09:00)

COASTER STEP, JUMP, HOLD, CROSS, POINT, CROSS, POINT

1&2 Step back on left, step right beside left, step fwd. on left
&3-4 Jump fwd. right, jump fwd. on left, hold & clap (Weight on left)
5-6 Cross right over left, point left to left side
7-8 Cross left over right, point right to right side (09:00)

CROSS, BOUNCE, WALK, WALK, JUMP, HOLD

1 Cross right over left,
2-3-4 Bounce ½ turn left (Weight on left)
5-6 Walk fwd. right, left
&7-8 Jump fwd. right, jump fwd. on left, hold & clap (Weight on left) (03:00)

TAGS:-

After wall 4 – Facing 12:00 – 8 Counts

After wall 9 – Facing 03:00 – 8 Counts

Both Tags are the same.

CHASSE RIGHT, ROCK, RECOVER, CHASSE LEFT, ROCK, RECOVER

1&2 Step right to right, step left beside right, step right to right side
3-4 Back rock left, recover
5&6 Step left to left side, step right beside left, step left to left side
7-8 Back rock right, recover

Have Fun!

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