

Rock On

拍數: 64 牆數: 1 級數: Phrased Intermediate
編舞者: Pizzaia Mauro (IT) - September 2013
音樂: Rock On - Hunter



Seq.: AA BB AA BB...

Part A - 32 counts

A1: SHUFFLE, SHUFFLE, SHUFFLE TURN ½, SAILOR STEP ½ TURN.

1&2 Step right forward, left together, step right forward.
3&4 Step left forward, right together, step left forward.
5&6 Turn ½ left, step right back, left together, step right back.
7&8 Cross left behind right turning ½ left, step right side, step left side.

A2: SHUFFLE, TURN ½ SHUFFLE, PIVOT, PIVOT

1&2 Step right side, left together, step right side.
3&4 Turn ½ left step left side, right together, step left side.
5-6 Step right forward, turn ½ left.
7-8 Step right forward, turn ½ left.

A3: JUMPS, TWICE SAILOR STEP, JUMPS, TWICE MAMBO STEP

1&2&3&4 Jumps right side. Step right side, left together, step right side, left together. Step right side, left together, step right side.
5&6 Rock left behind right, recover to right, step left side.
7&8 Rock right behind left, recover to left, step right to side.

A4: JUMPS, TWICE SAILOR STEP, JUMPS, TWICE MAMBO STEP

1&2&3&4 Jumps left side. Step left side, right together, step left side, right together. Step left side, right together, step left side.
5&6 Rock right behind left, recover to left, step right side.
7&8 Rock left behind right, recover to right, step left side.

Part B - 32 counts

B1: KICK FORWARD, KICK SIDE, TOUCH, KICK DIAGONAL, STOMP, SWIVEL

1-4 Kick right forward, kick right side, touch toe right behind left, kick right diagonal/forward right.
5-8 Twice stomp right next left, right toe to side, right hell to side. Weight to right foot.

B2: KICK FORWARD, KICK SIDE, TOUCH, KICK DIAGONAL, STOMP, SWIHEL

1-4 Kick left forward, kick left side, touch toe left behind right, kick left diagonal/forward left.
5-8 Twice stomp left next right, left toe to side, left hell to side. Weight on left foot.

B3: CROSS SHUFFLE, TWICE ROCK STEP SIDE, CROSS SHUFFLE, TWICE ROCK STEP SIDE.

1&2&3&4 Cross right over left, step left side, cross right over left, step left side, Cross right over left, step left side, cross right over left.
5-6 Step left side, recover right.
7-8 Step left side, recover right.

B4: CROSS SHUFFLE, TWICE ROCK STEP SIDE, CROSS SHUFFLE, TWICE ROCK STEP SIDE.

1&2&3&4 Cross left over right, step right side, cross left over right, step right side. Cross left over right, step right side, cross left over right.
5-6 Step right side, recover left.
7-8 Step right side, recover left.

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